Dallas Area
Guide to Emergency Assistance

2022 Edition

NDSM: an interfaith community of volunteers, partners and collaborators providing charitable assistance to persons in need

North Dallas Shared Ministries. Inc.
2875 Merrell Road, Dallas, TX 75229
Phone: 214-358-8700 ● Fax: 469-466-9980

AVAILABLE ON LINE
www.ndsm.org
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Requests for reprints may be addressed to:

North Dallas Shared Ministries
2875 Merrell Rd.
Dallas, TX 75229
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Dear Friends:

The Dallas Area Guide to Emergency Assistance is compiled to assist caseworkers, volunteers, clergy, and other staff people to locate appropriate resources for their clients. It attempts to clarify the availability and limitations of community resources. The Guide is not intended for clients or patients.

North Dallas Shared Ministries’ mission is based on three principles:

- To provide charitable assistance to persons in need
- To promote a sense of self-respect and responsibility
- To work with other organizations to respond to conditions of human need

Since its founding in 1983, NDSM has emphasized communication and cooperation with its member congregations and area agencies to see that the most effective and appropriate assistance is provided to those in need. Publication of this Guide is intended to foster cooperation by listing private and public entities that provide food, financial assistance, clothing, and medical care as well as those that address longer-term needs.

In his book The Working Poor, David Shipler wrote, “Each person’s life is the mixed product of bad choices and bad fortune, of roads not taken and roads cut off by the accident of birth or circumstance. It is difficult to find someone whose poverty is not somehow related to his or her unwise behavior…And it is difficult to find behavior that is not somehow related to the inherited conditions of being poorly parented, poorly educated, poorly housed.”

We have all chosen to aid those Shipler describes. It is our responsibility, our challenge, our reward. This Guide is a tool to help all of us to work together, leveraging the strengths we bring to the fight.

NDSM distributes The NDSM Dallas Area Guide to Emergency Assistance at no cost to over 300 congregations, social service agencies, hospitals, law enforcement agencies, and other public and private entities. We hope that you find it a useful and valuable resource.

Best wishes for continued success,

Judy Rorrie
Executive Director
HOW TO USE THIS GUIDE

The *Dallas Area Guide to Emergency Assistance* is intended to highlight those agencies that provide emergency services including food, meals, housing, clothing, financial assistance, and medical/dental support. In almost all cases, the zip code where the client lives determines if a particular agency is appropriate. Since the mission, focus, and area-served for each agency varies widely, a review of the services, hours of operation, and other special requirements for an agency should be reviewed before referring a client for help.

The Guide is organized as follows:

- Listing of food pantries serving all of Dallas County
- Listing of agencies that serve all of Dallas County
- Listing of Dallas Zip Codes and the specific agencies that serve each zip code
- Condensed listing of agencies providing other help such as medical and dental clinics, transitional housing, shelters, recovery programs, public programs, food programs and employment resources
- Detailed descriptions of each agency, its hours of operation, specific requirements and other information
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AIDS Services of Dallas
APAA
Aunt Bette’s Community Pantry
Austin Street Center
The Bridge
Brighter Tomorrows
Brother Bill’s Helping Hand
Buckner Center for Humanitarian Aid Crisis Relief Center
CARE Church Food Pantry
Carver Heights Baptist Church
Catholic Charities – Immigration & Legal Services
Catholic Charities – Refugee Services
Cedar Hill Shares
CitySquare
Cornerstone Baptist Church
Crisis Ministries
Crossroads Community Services
Dallas Bethlehem Center
Dallas County Welfare (Dept of Health & Human Services)
Dallas Life
Dallas 24-Hour Club
Duncanville Outreach Ministry
Exodus Ministries
Family Gateway
The Family Place
First Baptist Carrollton Friendship House
Genesis Women’s Shelter
Good Samaritans of Garland
Good Shepherd Lutheran Church Food Pantry
Grace Place Church of Christ Food Pantry
Grand Prairie Food and Clothing Co-Op
Grand Prairie United Charities
Harmony Community Development Corp
Haven Church of the Nazarene Food Pantry
HHM Health
Holy Cross Catholic Church Special Fund
Holy Trinity Center
Homeless Veterans Services of Dallas
Homeward Bound
Hope’s Door New Beginning Center
Housing Crisis Center
Human Rights Initiative of North Texas
In My Shoes
Interfaith Family Services
Irving Cares
Jan Pruitt Community Pantry
Jewish Family Services of Greater Dallas
Jonathan’s Place
Legal Aid of Northwest Texas
LifeLine for Families
Life Message
The Magdalen House
Martin Luther King, Jr. Community Center
Meals on Wheels (Visiting Nurses Association)
Men of Nehemiah
Mesquite Church of Christ Food Pantry
Metrocare Services
Metrocrest Services
M.I.N.T. Foundation
Mission Oak Cliff
Mosaic Family Services
Mt. Olive Lutheran Church Food Pantry
Mt. Tabor Baptist Church
My Second Chance
Network of Community Ministries (Richardson Network)
New Friends New Life
Nexus Recovery Center
North Dallas Shared Ministries
OurCalling
Our Daily Bread
Our Friends Place
Pilgrim Rest Baptist Church Crisis Ministry
Promise House
Resource Center of Dallas
Salvation Army Carr P. Collins Social Service Center
Salvation Army Garland
Salvation Army Irving
Salvation Army Oak Cliff
Salvation Army Pleasant Grove
Senior Source
Shared Housing Center
Sharing Life Community Outreach
Soul for Christ Ministry
Soul’s Harbor
St. Patrick Catholic Church
St. Vincent De Paul
Stewpot of First Presbyterian Church
The Turn●Around Agenda Outreach Center (TTA)
Turtle Creek Recovery Center
Union Gospel Mission (Men)
Union Gospel Mission Center of Hope (Women)
Urban Inter-Tribal Center of Texas
Victory Meadow Neighborhood Alliance Food Pantry
Voice of Hope
White Rock Center of Hope
The Wilkinson Center
FOOD PANTRIES
AVAILABLE TO ANYONE REGARDLESS OF RESIDENCY
(Please call to verify days & times)

First Baptist Carrollton Friendship House
3733 N Josey Ln, Carrollton, TX 75007  T. 972.512.3838

Salvation Army—Garland
451 W. Ave. D, Garland, TX 75040  T. 972.272.4531

Salvation Army—Irving
250 E. Grauwyler Rd, Irving, TX 75061  T. 972.438.6553

CARE Church Food Pantry
1504 East Campbell Rd, Richardson, TX 75081  T. 972.234.2273

Life Message
4501 Rowlett Rd, Rowlett, TX 75088  T. 972.475.9800

The M.I.N.T. Foundation
1604 Falcon Dr, Desoto, TX 75115  T. 972.224.7200

Grace Place Church Of Christ – Food Pantry
520 Big Stone Gap Rd, Duncanville, TX 75137  T. 972.298.4656

Jan Pruitt Community Pantry
123 Alexander Ave, Lancaster, TX 75146  T. 972.246.6027

Buckner Center for Humanitarian Aid
5405 Shoe Dr, Mesquite, TX 75149  T. 214.367.8080

Mesquite Church of Christ Food Pantry
400 W Davis, Mesquite, TX 75149  T. 972.288.7637

Pilgrim Rest Baptist Church Crisis Ministry
3516 Munger Ave, Dallas, TX 75204  T. 214.821.4443

Salvation Army Oak Cliff
1617 West Jefferson Blvd, Dallas, TX 75208  T. 214.941.5911

Brother Bill’s Helping Hand
3906 N Westmoreland, Dallas, TX 75212  T. 214.638.2196

APPA
3116 Martin Luther King Jr Blvd, Dallas, TX 75215  T. 214.634.2722

Dallas Bethlehem Center
4410 Leland Ave, Dallas, TX 75215  T. 214.428.5171
<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td><strong>Martin Luther King, Jr. Community Center</strong></td>
<td>2922 Mlk Jr. Blvd, Dallas, TX 75215</td>
<td>T. 214.670.8416</td>
</tr>
<tr>
<td><strong>Salvation Army Pleasant Grove</strong></td>
<td>8341 Elam Rd., Dallas, TX 75217</td>
<td>T. 214.398.6619</td>
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<tr>
<td><strong>St. Vincent De Paul</strong></td>
<td>3052 W Northwest Hwy, Dallas, TX 75220</td>
<td>T. 469.607.0909</td>
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<tr>
<td><strong>Soul For Christ Ministry</strong></td>
<td>2402 S Beckley, Dallas, TX 75224</td>
<td>T. 214.641.4577</td>
</tr>
<tr>
<td><strong>CitySquare</strong></td>
<td>1610 S Malcolm X Blvd, Dallas, TX 75226</td>
<td>T. 214.823.8710</td>
</tr>
<tr>
<td><strong>North Dallas Shared Ministries</strong></td>
<td>2875 Merrell Rd., Dallas, TX 75229</td>
<td>T. 214.358.8700</td>
</tr>
<tr>
<td><strong>Salvation Army—Carr P. Collins Social Service Center</strong></td>
<td>5302 Harry Hines Blvd, Dallas, TX 75235</td>
<td>T. 214.424.7050</td>
</tr>
<tr>
<td><strong>Harmony Food Pantry</strong></td>
<td>6969 Pastor Bailey Dr. Suite 300, Dallas, TX 75237</td>
<td>T. 214.467-6770</td>
</tr>
<tr>
<td><strong>St. Patrick Catholic Church</strong></td>
<td>9643 Ferndale Rd, Dallas, TX 75238</td>
<td>T. 214.221.8882</td>
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<tr>
<td><strong>Mt. Tabor Baptist Church</strong></td>
<td>3700 Simpson Stuart Rd, Dallas, TX 75241</td>
<td>T. 972.225.1704</td>
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</tbody>
</table>
EMERGENCY AID CENTERS
F – Food; C – Clothing; R – Rent; U – Utilities
E – Educational Programs; M – Medical or Dental; EOS- Emergency Overnight Shelter;
DVS-Domestic Violence Shelter; HP-Housing Program; SAP Substance Abuse Program;
ILS - Immigration & Legal Services; RS – Refugee Services

AGENCIES SERVING ALL OF DALLAS COUNTY

F, M, HP  AIDS Services of Dallas (one member of the household must be
HIV Positive or have diagnosis of AIDS) PO Box 4338, Dallas, TX 75208-0338
T. 214.941.0523 F. 214.941.8144

SAP  APPA
3116 Martin Luther King Jr Blvd, Dallas, TX 75215
T. 214.634.2722

F, EOS, C,  Austin Street Center (homeless men 45 yrs & older, homeless women 18 & up,
children with parent or guardia) T. 214.428.4242
M, SAP 2929 Hickory St., Dallas, TX 75226 F. 214.428.8158

F, M, EOS  The Bridge (homeless only)
1818 Corsicana St., Dallas, TX 75201
T. 214.670.1100

DVS, E  Brighter Tomorrows (domestic violence victims only)
928 Bluebird Dr., Irving, TX 75061
T. 972.254.4003 24-hr F. 972.254.8086

F, R, M, E  Brother Bill’s Helping Hand
3906 N Westmoreland, Dallas, TX 75212
T. 214.638.2196 F. 214.638.2198
Clinic 214.638.2194

F  Buckner Center for Humanitarian Aid
5405 Shoe Dr., Mesquite, TX 75149
T. 214.367.8080 F. 214.367.8093
food pantry appointment: T. 214-939-7177

F  CARE Church Food Pantry
1504 East Campbell Rd., Richardson, TX 75081
T. 972.234.2273

F  Carver Heights Baptist Church
2510 E. Ledbetter Dr, Dallas, TX 75216
T. 214.917.2024

RS  Catholic Charities-Immigration & Legal Services
1421 W Mockingbird, Dallas, TX 75247
T. 972.246.6010

F, C, E,  CitySquare (homeless only) T. 214.823.8710
HP 511 N. Akard St, Dallas, TX 75201 F. 214.824.5355
<table>
<thead>
<tr>
<th>Service</th>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>F, M</td>
<td>Cornerstone Baptist Church Care Center</td>
<td>2711 S Ervay St, Dallas, TX 75215</td>
<td>T. 214.426.5468</td>
</tr>
<tr>
<td>F</td>
<td>Dallas Bethlehem Center</td>
<td>4410 Leland Ave, Dallas, TX 75215</td>
<td>T. 214.428.5171</td>
</tr>
<tr>
<td>F, R, U, HP</td>
<td>Dallas County Dept of Health &amp; Human Services</td>
<td>2377 N. Stemmons Fwy. # 201, Dallas, TX 75207</td>
<td>T. 214.819.1800, F. 214.819.1810</td>
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<tr>
<td>F, C, EOS</td>
<td>Dallas Life (homeless only)</td>
<td>1100 Cadiz St., Dallas, TX 75215</td>
<td>T. 214.421.1380, F. 214.426.5144</td>
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<tr>
<td>SAP</td>
<td>Dallas 24-Hour Club</td>
<td>4636 Ross Ave, Dallas, TX 75204</td>
<td>T. 214.823.3200</td>
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<tr>
<td>EOS</td>
<td>Family Gateway (homeless families only)</td>
<td>711 S St. Paul St., Dallas, TX 75201</td>
<td>T. 214.823.4500, F. 214.884.3110</td>
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<tr>
<td>DVS</td>
<td>The Family Place (domestic violence victims only)</td>
<td>PO Box 7999, Dallas, TX 75209</td>
<td>T. 214.559.2170, 24-hr 214.941.1991, F. 214.443.7797</td>
</tr>
<tr>
<td>F</td>
<td>First Baptist Carrollton Friendship House</td>
<td>3733 N Josey Ln, Carrollton, TX 75007</td>
<td>T. 972.512.3838, F. 1.855.512.3700</td>
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<tr>
<td>DVS</td>
<td>Genesis Women’s Shelter (domestic violence victims only)</td>
<td>4411 Lemmon Ave, Dallas, TX 75219</td>
<td>T. 214.946.4357, F. 214.559.2361</td>
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<tr>
<td>F</td>
<td>Grace Place Church of Christ</td>
<td>520 Big Stone Gap Rd, Duncanville, TX 75137</td>
<td>T. 972.298.4656, F. 972.298.4829</td>
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<tr>
<td>F, R</td>
<td>Harmony Community Development Corp.</td>
<td>6969 Pastor Bailey Dr. Suite 300, Dallas, TX 75237</td>
<td>T. 214.467-6770</td>
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<tr>
<td>M</td>
<td>HHM Health</td>
<td>8515 Greenville Ave., Ste. N-108, Dallas, TX 75243</td>
<td>T. 214.221.0855, F. 214.221.1437</td>
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<tr>
<td>HP, E</td>
<td>Homeless Veterans Service of Dallas</td>
<td>4900 S Lancaster, Dallas, TX 75216</td>
<td>T. 214.372.8822</td>
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<tr>
<td>HP, SAP</td>
<td>Homeward Bound (substance abuse &amp; mental health)</td>
<td>2535 Lone Star Dr, Dallas, TX 75212</td>
<td>T. 214.941.3500, 24-hr 972.422.7233, 24-hr 972.276.0057, F. 972.423.4154</td>
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<tr>
<td>DVS</td>
<td>Hope’s Door New Beginning Center (domestic violence victims only)</td>
<td>218 N. 10th St., Garland, TX 75040</td>
<td>T. 972.276.0423, 24-hr 972.422.7233, 24-hr 972.276.0057, F. 972.423.4154</td>
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<tr>
<td>HP</td>
<td>Housing Crisis Center</td>
<td>T. 214.828.4244</td>
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<td></td>
<td>4210 Junius St., Dallas, TX 75246-1429</td>
<td>F. 214.466.7209</td>
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<td>ILS</td>
<td>Human Rights Initiative of North Texas</td>
<td>T. 214.855.0520</td>
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<td>2801 Swiss Ave, Dallas, TX 75204</td>
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<td>HP, M</td>
<td>In My Shoes (pregnant females 18 and over)</td>
<td>T. 469.857.3264</td>
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<td>P. O. Box 227301, Dallas, TX 75222</td>
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<td>HP</td>
<td>Interfaith Family Services</td>
<td>T. 214.827.7220</td>
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<td></td>
<td>5600 Ross Ave., Dallas, TX 75206</td>
<td>F. 214.451.3198</td>
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<td>F</td>
<td>Jan Pruitt Community Pantry</td>
<td>T. 972.246.6027</td>
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<td></td>
<td>123 Alexander Ave, Lancaster, TX 75146</td>
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<td>HP</td>
<td>Jonathan’s Place (under 18 yrs. only)</td>
<td>T. 972.303.5303</td>
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<td></td>
<td>6065 Duck Creek Dr, Garland, TX 75043</td>
<td>F. 972.303.5346</td>
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<td>Text “Safe” &amp; current location to 4HELP</td>
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<td>F</td>
<td>Life Message</td>
<td>T. 972.475.9800</td>
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<td>4501 Rowlett Rd, Rowlett, TX 75088</td>
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<td>SAP</td>
<td>The Magdalen House (women only)</td>
<td>T. 214.324.9261</td>
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<td>1302 Redwood Circle, Dallas, TX 75218</td>
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<td>F, R, U, E</td>
<td>Martin Luther King, Jr. Community Center</td>
<td>T. 214.670.8416</td>
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<td>2922 MLK Blvd, Dallas, TX 75215</td>
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<td>F</td>
<td>Meals on Wheels (over age 60 yrs. or disabled)</td>
<td>T. 214.689.2639</td>
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<td>1440 W Mockingbird, Dallas, TX 75247</td>
<td>F. 214.631.1554</td>
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<td>SAP</td>
<td>Men of Nehemiah (homeless men only)</td>
<td>T. 214.421.6705</td>
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<td>2010 Al Lipscomb Way, Dallas, TX 75247</td>
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<td>F</td>
<td>Mesquite Church of Christ Food Pantry</td>
<td>T. 972.329.6866</td>
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<td>217 S Locust, Mesquite, TX 75149</td>
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<td>HP</td>
<td>Metrocare Services (mental illness &amp;/or developmental delay)</td>
<td>T. 214.743.1200</td>
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<td>1340 River Bend Dr., Dallas, TX 75247</td>
<td>F. 214.630.3469</td>
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<td>F, R, U</td>
<td>The M.I.N.T. Foundation</td>
<td>T. 972.224.7200</td>
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<td>1604 Falcon Dr, DeSoto, TX 75115</td>
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<td>DV, H, E</td>
<td>Mosaic Family Services</td>
<td>T. 214.821.5393</td>
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<td></td>
<td>12225 Greenville Ave, Dallas, TX 75243</td>
<td>24-hr Hotlines:</td>
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<td>Domestic Violence: 214.823.4434</td>
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<td>Human Trafficking: 214.823.1911</td>
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<td></td>
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<td>Shelter: 214.823.4434</td>
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<td>F. 214.821.0810</td>
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F, C  Mt. Tabor Baptist Church  
3700 Simpson Stuart Rd, Dallas, TX 75241  
T. 972.225.1704  
F. 972.225.4811

SAP  My Second Chance  
3832 S. Lancaster Rd 75216  
T. 214.374.1104

DV, SAP  New Friends New Life (domestic violence victims only)  
Mailing Address: P. O. Box 192378, Dallas, TX 75219  
National Hotline T: 1.888.373.7888 or text BeFree 233  
F. 214.965.9561

SAP  Nexus Recovery Center (women 13 yrs & older only)  
8733 La Prada Drive, Dallas, TX 75228  
T. 214.321.0156  
F. 214.321.3096

F, C  OurCalling (homeless only)  
1702 S Cesar Chavez Blvd, Dallas, TX 75215

HP  Our Friends Place (women ages 18-24 only)  
6500 Greenville Ave., Ste. 620, Dallas, TX 75206  
T. 214.398.6619  
F. 214.398.6619

F, C, R, U  Pilgrim Rest Baptist Church Crisis Ministry  
3516 Munger Ave Dallas, TX 75204

EOS, SAP  Promise House (ages 10-17 yrs. only)  
224 W. Page, Dallas, TX 75208  
T. 214.941.8578  
F. 214.941.8670

F, M, E  Resource Center of Dallas (HIV positive only)  
2701 Reagan St., Dallas, TX 75219  
T. 214.528.0144  
F. 214.522.4604

EOS, F, C,  Salvation Army—Carr P. Collins Social Service Center  
HP, SAP, DVS 5302 Harry Hines Blvd., Dallas, TX 75235  
T. 214.424.7000  
F. 214.424.7123

F, R  Salvation Army – Irving  
250 E. Grauwyler Rd, Irving, TX 75061  
T. 972.438.6553  
F. 972.554.8123

F  Salvation Army – Oak Cliff  
1617 West Jefferson Blvd., Dallas, TX 75208  
T. 214.941.5911  
F. 214.941.9146

F  Salvation Army – Pleasant Grove  
8341 Elam Rd, Dallas, TX 75217  
T. 214.398.6619

U, HP  Senior Source (over 60 yrs. only)  
3910 Harry Hines Blvd., Dallas, TX 75219  
T. 214.823.3500  
F. 214.826.2441

HP  Shared Housing Center  
402 N. Good Latimer, Dallas, TX 75204  
T. 214.821.8510  
F. 214.828.1499

F  Soul for Christ Ministry (men only)  
2402 S Beckley, Dallas, TX 75224  
T. 214.641.4577
<table>
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<tr>
<th>SAP</th>
<th><strong>Soul’s Harbor</strong> (homeless only)</th>
<th>T. 972.286.1940</th>
<th>F. 972.286.5282</th>
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<tr>
<td></td>
<td>1314 Nile Dr, Dallas, TX 75253</td>
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<tr>
<td>E, M, C</td>
<td><strong>Stewpot of First Presbyterian Church</strong> (homeless only)</td>
<td>T. 214.746.2785</td>
<td>F. 214.746.2791</td>
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<td></td>
<td>1835 Young St., Dallas, TX 75201</td>
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<tr>
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<td><strong>Turtle Creek Recovery</strong> (ages 18-65 yrs. only)</td>
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## ZIP CODE SPECIFIC AGENCIES

F – Food; C – Clothing; R – Rent; U – Utilities
E – Educational Programs; M – Medical or Dental; EOS- Emergency Overnight Shelter; DVS-Domestic Violence Shelter; HP-Housing Program; SBP Substance Abuse Program; ILS - Immigration & Legal Services; RS – Refugee Services

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M, E  3544 E. Emporium Cir., Mesquite, TX 75150  F. 972.285.0329

75150  MESQUITE

F, R, U, C  Sharing Life Community  T. 972.285.5819
M, E  3544 E. Emporium Cir., Mesquite, TX 75150  F. 972.285.0329

75159  MESQUITE & SEAGOVILLE

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75180  MESQUITE

C, M, E  3544 E. Emporium Cir., Mesquite, TX 75150  F. 972.285.0329

75181  MESQUITE

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75182  MESQUITE

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75201  DALLAS

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**75205**

| F, C, U, | North Dallas Shared Ministries | T. 214.358.8700 |             | 214.358.8797 |
| M, E     |                           | 2875 Merrell Rd., Dallas, TX 75229 |             |
| F, C     | Holy Trinity Center       | T. 214.521.3719 |             | 214.521.3724 |
|          |                           | 3826 Gilbert Ave., Dallas, TX 75219 |             |

**75206**

<p>|           |                      | 3402 N. Buckner Blvd. Suite 302, Dallas, TX 75228 |             |</p>
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<th>Zip Code</th>
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<td>Catholic Charities – Refugee Services</td>
<td>1421 W Mockingbird Ln, Dallas, TX 75247</td>
<td>T. 972.246.6010</td>
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<td>Crossroads Community Services</td>
<td>4500 S. Cockrell Hill Road Dallas, TX 75236</td>
<td>T. 214.560.2511</td>
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<td>Mission Oak Cliff</td>
<td>111 S. Beckley, Dallas, TX 75203</td>
<td>T. 214.942.6407</td>
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<td>F. 214.942.8606</td>
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<td>5402 Arapaho Rd., Dallas, TX 75248</td>
<td>T. 972.437.9950</td>
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<td>75210</td>
<td>Mt. Olive Lutheran Church Food Pantry</td>
<td>3100 MLK Blvd., Dallas, TX 75215</td>
<td>T. 214.428.2892</td>
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<td>4500 S. Cockrell Hill Road Dallas, TX 75236</td>
<td>T. 214.560.2511</td>
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75214

F, C, U  White Rock Center of Hope  T. 214.324.8996
10021 Garland Rd. Suite A, Dallas, TX  75218  F. 214.328.2948

F, R, U, E  The Wilkinson Center  T. 214.821.6380
3402 N. Buckner Blvd. Suite 302, Dallas, TX 75228  F. 214.827.1972

75215

F  Mt. Olive Lutheran Church Food Pantry  T. 214.428.2892
3100 MLK Blvd., Dallas, TX 75215  F. 214.428.2892

75216

RP  Catholic Charities – Refugee Services  T. 972.246.6010
1421 W Mockingbird Ln, Dallas, TX 75247

F  Crossroads Community Services  T. 214.560.2511
4500 S. Cockrell Hill Road Dallas, TX 75236

F  Holy Cross Special Fund  T. 214.374.7952
4906 Bonnie View, Dallas, TX 75241  F. 214.375.2511

F, C, E  Mission Oak Cliff  T. 214.942.6407
111 S. Beckley, Dallas, TX 75203  F. 214.942.8606

F, C  Our Daily Bread  T. 214.371.2633
6960 S. Polk St., Dallas, TX 75232  F. 214.372.2454

F, HP, M  THE TURN•AROUND AGENDA (TTA)  T. 972-228-0872
Outreach Center: 7125 S Polk Street Ste 1 Dallas, TX 75232  F. 972-228-1110

Family Services: 7140 Library Lane Dallas, TX 75232  T. 469-567-1793
F. 972-224-0090

75217

F  Crossroads Community Services  T. 214.560.2511
4500 S. Cockrell Hill Road Dallas, TX 75236

F, R, U  Sharing Life Community  T. 972.285.5819
C, M, E 3544 E. Emporium Circle, Mesquite, TX 75150  F. 972.285.0329

F, R, U, E  The Wilkinson Center  T. 214.821.6380
3402 N. Buckner Blvd. Suite 302, Dallas, TX 75228  F. 214.827.1972
**75218**

F, R, U, **Sharing Life Community**
C, M, E
3544 E. Emporium Cir., Mesquite, TX 75150
F. 972.285.0329
T. 972.285.5819

F, C, U **White Rock Center of Hope**
10021 Garland Rd. Suite A, Dallas, TX
F. 214.328.2948
T. 214.324.8996

**75219**

F, C, U **North Dallas Shared Ministries**
M, R
2875 Merrell Rd., Dallas, TX 75229
F. 214.358.8797
T. 214.358.8700

F, C **Holy Trinity Center**
3826 Gilbert Ave., Dallas, TX 75219
F. 214.521.3724
T. 214.521.3719

**75220**

F **Jewish Family Services of Greater Dallas**
5402 Arapaho Rd., Dallas, TX 75248
F. 972.437.1988
T. 972.437.9950

F, C, U **North Dallas Shared Ministries**
M, R
2875 Merrell Rd., Dallas, TX 75229
F. 214.358.8797
T. 214.358.8700

**75223**

F, C **Holy Trinity Center**
3826 Gilbert Ave., Dallas, TX 75219
F. 214.521.3724
T. 214.521.3719

F, C, U **White Rock Center of Hope**
10021 Garland Rd. Suite A, Dallas, TX 75218
F. 214.328.2948
T. 214.324.8996

F, R, U, E **The Wilkinson Center**
3402 N. Buckner Blvd. Suite 302, Dallas, TX 75228
F. 214.827.1972
T. 214.821.6380

**75224**

RP **Catholic Charities – Refugee Services**
1421 W Mockingbird Ln, Dallas, TX 75247
F. 972.246.6010
T. 972.246.6010
F Crossroads Community Services  
4500 S. Cockrell Hill Road Dallas, TX 75236  
T. 214.560.2511

F, C Our Daily Bread  
6960 S. Polk St., Dallas, TX 75232  
F. 214.372.2454

F, C, E Mission Oak Cliff  
111 S. Beckley, Dallas, TX 75203  
T. 214.942.6407

F, HP, M THE TURN•AROUND AGENDA (TTA)  
Outreach Center: 7125 S Polk Street Ste 1 Dallas, TX 75232  
T. 972-228-0872

Family Services: 7140 Library Lane Dallas, TX 75232  
T. 469-567-1793

75225

F Jewish Family Services of Greater Dallas  
5402 Arapaho Rd., Dallas, TX 75248  
T. 972.437.9950

F. 972.437.1988

F, C, U, M, R North Dallas Shared Ministries  
2875 Merrell Rd., Dallas, TX 75229  
T. 214.358.8700

F. 214.358.8797

F, C Victory Meadow Neighborhood Alliance Food Pantry  
8448 Walnut Hill Ln., Dallas, TX 75231  
T. 214.821.5775

F. 214.821.5713

75226

F, C Holy Trinity Center  
3826 Gilbert Ave., Dallas, TX 75219  
T. 214.521.3719

F. 214.521.3724

F, R, U, E The Wilkinson Center  
3402 N. Buckner Blvd. Suite 302, Dallas, TX 75228  
T. 214.821.6380

F. 214.827.1972

75227

F, R, U Sharing Life Community  
3544 E. Emporium Circle, Mesquite, TX 75150  
T. 972.285.5819

F. 972.285.0329

F, R, U, E The Wilkinson Center  
3402 N. Buckner Blvd. Suite 302, Dallas, TX 75228  
T. 214.821.6380

F. 214.827.1972

75228

F, R, U Sharing Life Community  
3544 E. Emporium Circle, Mesquite, TX 75150  
T. 972.285.5819

F. 972.285.0329
F, C, U  White Rock Center of Hope  T. 214.324.8996
10021 Garland Rd. Suite A, Dallas, TX  75218  F. 214.328.2948

F, R, U, E  The Wilkinson Center  T. 214.821.6380
3402 N. Buckner Blvd. Suite 302, Dallas, TX 75228  F. 214.827.1972

F, C  Jewish Family Services of Greater Dallas  T. 972.437.9950
5402 Arapaho Rd., Dallas, TX 75248  F. 972.437.1988

F, C, U, M, R  North Dallas Shared Ministries  T. 214.358.8700
2875 Merrell Rd., Dallas, TX 75229  F. 214.358.8797

F, C  Victory Meadow Neighborhood Alliance Food Pantry  T. 214.821.5775
8448 Walnut Hill Ln., Dallas, TX 75231  F. 214.821.5713

F, C  Jewish Family Services of Greater Dallas  T. 972.437.9950
5402 Arapaho Rd., Dallas, TX 75248  F. 972.437.1988

F, C, U, M, R  North Dallas Shared Ministries  T. 214.358.8700
2875 Merrell Rd., Dallas, TX 75229  F. 214.358.8797

F, C, U  Network of Community Ministries  T. 972.234.8880
741 S. Sherman St., Richardson, TX 75081  F. 972.234.8892

F, C, U, M, R  North Dallas Shared Ministries  T. 214.358.8700
2875 Merrell Rd., Dallas, TX 75229  F. 214.358.8797

F, C  Victory Meadow Neighborhood Alliance Food Pantry  T. 214.821.5775
8448 Walnut Hill Ln., Dallas, TX 75231  F. 214.821.5713

F  Crossroads Community Services  T. 214.560.2511
4500 S. Cockrell Hill Road Dallas, TX 75236

F, C  Our Daily Bread  T. 214.371.2633
6960 S. Polk St., Dallas, TX 75232  F. 214.372.2454
THE TURN•AROUND AGENDA (TTA)
Outreach Center: 7125 S Polk Street Ste 1 Dallas, TX 75232
T. 972-228-0872
F. 972-228-1110
Family Services: 7140 Library Lane Dallas, TX 75232
T. 469-567-1793
F. 972-224-0090

75233

RP Catholic Charities – Refugee Services
1421 W Mockingbird Ln, Dallas, TX 75247
T. 972.246.6010

F Crossroads Community Services
4500 S. Cockrell Hill Road Dallas, TX 75236
T. 214.560.2511

75234

F Jewish Family Services of Greater Dallas
5402 Arapaho Rd., Dallas, TX 75248
T. 972.437.9950
F. 972.437.1988

F, C, U Metrocrest Services
13801 Hutton Dr. Suite 150, Farmers Branch, TX 75234
T. 972.446.2100
F. 214.694.2171

F, C, U, M, R North Dallas Shared Ministries
2875 Merrell Rd., Dallas, TX 75229
T. 214.358.8700
F. 214.358.8797

75235

F, C, U, M, R North Dallas Shared Ministries
2875 Merrell Rd., Dallas, TX 75229
T. 214.358.8700
F. 214.358.8797

F, C Holy Trinity Center
3826 Gilbert Ave., Dallas, TX 75219
T. 214.521.3719
F. 214.521.3724

75236

F Crossroads Community Services
4500 S. Cockrell Hill Road Dallas, TX 75236
T. 214.560.2511

75237

F Crossroads Community Services
4500 S. Cockrell Hill Road Dallas, TX 75236
T. 214.560.2511

F, C Our Daily Bread
6960 S. Polk St., Dallas, TX 75232
T. 214.371.2633
F. 214.372.2454
**75238**

F Jewish Family Services of Greater Dallas T. 972.437.9950
5402 Arapaho Rd., Dallas, TX 75248 F. 972.437.1988

F, C Network of Community Ministries T. 972.234.8880
741 S. Sherman St., Richardson, TX 75081 F. 972.234.8892

F, C, U White Rock Center of Hope T. 214.324.8996
10021 Garland Rd. Suite A, Dallas, TX 75218 F. 214.328.2948

**75240**

F Jewish Family Services of Greater Dallas T. 972.437.9950
5402 Arapaho Rd., Dallas, TX 75248 F. 972.437.1988

F, C Network of Community Ministries T. 972.234.8880
741 S. Sherman St., Richardson, TX 75081 F. 972.234.8892

F, C, U, North Dallas Shared Ministries T. 214.358.8700
M, R 2875 Merrell Rd., Dallas, TX 75229 F. 214.358.8797

**75241**

F Crossroads Community Services T. 214.560.2511
4500 S. Cockrell Hill Road Dallas, TX 75236

F Holy Cross Special Fund T. 214.374.7952
4906 Bonnie View, Dallas, TX 75241 F. 214.375.2511

F, C Our Daily Bread T. 214.371.2633
6960 S. Polk St., Dallas, TX 75232 F. 214.372.2454

F The Turn-Around Agenda (TTA) T. 972-228-0872
Outreach Center: 7125 S Polk Street Ste 1 Dallas, TX 75232
F. 972-228-1110
Family Services: 7140 Library Lane Dallas, TX 75232 T. 469-567-1793
F. 972-224-0090

**75243**

F Jewish Family Services of Greater Dallas T. 972.437.9950
5402 Arapaho Rd., Dallas, TX 75248 F. 972.437.1988

F, C Network of Community Ministries T. 972.234.8880
741 S. Sherman, Richardson, TX 75081 F. 972.234.8892
F, C, U, North Dallas Shared Ministries T. 214.358.8700
M, R 2875 Merrell Rd., Dallas, TX 75229 F. 214.358.8797

F, C Victory Meadow Neighborhood Alliance Food Pantry T. 214.821.5775
8448 Walnut Hill Ln., Dallas, TX 75231 F. 214.821.5713

75244
F Jewish Family Services of Greater Dallas T. 972.437.9950
5402 Arapaho Rd., Dallas, TX 75248 F. 972.437.1988

F, C, U, North Dallas Shared Ministries T. 214.358.8700
M, R 2875 Merrell Rd., Dallas, TX 75229 F. 214.358.8797

75246
F, C, Holy Trinity Center T. 214.521.3719
3826 Gilbert Ave., Dallas, TX 75219 F. 214.521.3724

F, E The Wilkinson Center T. 214.821.6380
3402 N. Buckner Blvd. Suite 302, Dallas, TX 75228 F. 214.827.1972

75247
F, C, U, North Dallas Shared Ministries T. 214.358.8700
M, R 2875 Merrell Rd., Dallas, TX 75229 F. 214.358.8797

75248
F Jewish Family Services of Greater Dallas T. 972.437.9950
5402 Arapaho Rd., Dallas, TX 75248 F. 972.437.1988

F, C, Network of Community Ministries T. 972.234.8880
741 S. Sherman St., Richardson, TX 75081 F. 972.234.8892

F, C, U, North Dallas Shared Ministries T. 214.358.8700
M, R 2875 Merrell Rd., Dallas, TX 75229 F. 214.358.8797

75249
F Crossroads Community Services T. 214.560.2511
4500 S. Cockrell Hill Road Dallas, TX 75236
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<td>2875 Merrell Rd., Dallas, TX 75229</td>
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EMERGENCY RENTAL ASSISTANCE

DALLAS - ALL ZIP CODES

Harmony Community Development Corp
214.467.6770

Martin Luther King, Jr. Community Center
214.670.8416
By appointment ONLY –

The M.I.N.T. Foundation
972.224.7200

Pilgrim Rest Missionary Baptist Church Crisis Ministries
214.823.7308
By appointment ONLY – appointments made by phone only

DALLAS – LIMITED ZIP CODES

Duncanville Outreach Ministry
972.296.4986
Dallas Zips Served: 75116, 75137

North Dallas Shared Ministries
214.358.8700
Dallas Zips Served: 75001, 75115, 75116, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75287

White Rock Center of Hope
214.324.8996
By appointment only
Dallas Zips Served: 75214, 75218, 75223, 75228, 75238
EMERGENCY UTILITY ASSISTANCE

DALLAS COUNTY - ALL ZIP CODES

CEAP (Comprehensive Energy Assistance Program)  
214.819.1848  
Note: 75287 is not in Dallas County so CEAP will not accept

Pilgrim Rest Missionary Baptist Church Crisis Ministries  
214.823.7308  
By appointment ONLY – appointments made by phone only

DALLAS CITY - ALL ZIP CODES

Martin Luther King, Jr. Community Center  
214.670.8416  
By appointment ONLY

Senior Source (Must be over 60 years of age)  
214.823.5700

DALLAS CITY - LIMITED ZIP CODES

Duncanville Outreach Ministry  
972.296.4986  
Dallas Zips Served: 75116, 75137

Network Of Community Ministries  
972.234.8880  
Dallas Zips Served: 75231, 75238, 75240, 75243, 75248, 75251, 75252, 75254

North Dallas Shared Ministries  
214.358.8700  
Dallas Zips Served: 75001, 75115, 75116, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75287

White Rock Center of Hope  
214.324.8996  
Dallas Zips Served: 75214, 75218, 75223, 75228, 75238
MEDICAL CLINICS DALLAS SERVING ALL

Agape Clinic at Grace United Methodist Church
4104 Junius St., Dallas, TX 75246

- **Hours:** Mon-Sat 8:30 am-3:00 pm
- **Medical Services Offered:** Family Practice, Well Woman, Dental, Neurology, Ophthalmology
- **Application Process:** Appointments needed
- **Client Must Bring:** No documents needed.
- **Fee:** $40.00 donation recommended
- **Website:** www.theagapeclinic.org

Brother Bill’s Helping Hand
3906 N Westmoreland, Dallas, TX 75212

- **Hours:** Mon – Thurs 8:00 am – 4:00 pm, Fri 8:00 am-12:00 pm
- **Service Area:** Open to all
- **Medical Services Offered:** Adult, Eye, & Women’s Health, Dental
- **Application Process:** Prescreen required, free consultation, call for appointment
- **Client Must Bring:** ID or bill, etc.
- **Fee:** $5.00 fee for all blood/lab work & pap smear lab
- **Website:** www.bbhh.org

HHM Health (formerly Healing Hands Ministries)
8515 Greenville Ave. Ste. N-108 Dallas, TX 75243
5750 Pineland Dr. Suites #150, 240, 260 Dallas, TX 75243

- **Mailing:** P.O. Box 741524 Dallas, TX 75374
- **T.:** 214.638.2194
- **F.:** 214.638.2198

**Services Offered:** Comprehensive Medical and Dental and counseling services including family practice, pediatric care, well-woman care, diabetes management and education, laboratory services, and mental health services. See website for complete list of up-to-date services. Medicare and Medicaid accepted.

- **Hours:** Greenville location-Mon – Fri 7:00am – 6:00pm, Pineland location-Mon-Fri 8:00am-5:00pm
- **Eligibility Requirements:** None
- **Clients Must Bring:** Photo ID from any country, must not be expired more than 10 years, proof of insurance if any, 3-4 recent pay stubs of everyone in household plus any other income such as food stamps or child support, certified disability letter or section 8 housing documentation, or food stamp letter, completed enrollment forms (available on website or at the clinic)
- **Application Process:** Must go through enrollment process and make an appointment to be seen.
- **Limits:** No limits
- **Website:** www.hhmhealth.org

HOMES (Homeless Outreach Medical Services)

- **T.:** 214.590.0153
- **Medical Services Offered:** Medical, dental and behavioral health services for children and adults who are homeless. Health care services are offered from five medical mobile clinics at various sites throughout Dallas County. Call for clinic locations.

Islamic Association of North Texas Clinic
840 Abrams Rd., Richardson, TX 75081

- **Hours:** Mon-Fri 9:00 am-9:00 pm; Sat & Sun 10:00 am-9:00 pm
- **Medical Services Offered:** Family Practice, Internal Medicine, Gastrologist, OBGYN, Dentist
- **Application Process:** Call for appointment
Eligibility: Open to all
Client Must Bring: Patient must be without insurance of any kind
Website: www.iant.com

Los Barrios Unidos Community Clinic, Inc.
LBU West Dallas: 809 Singleton Blvd., Dallas, TX 75212 T. 214.540.0300
LBU Pediatrics: 3111 Sylvan Ave., Dallas, TX 75212 T. 214.540.0300
LBU Oak Cliff: 4732 W Illinois, Dallas, TX 75211 T. 214.540.0300
LBU South Oak Cliff: 5787 S Hampton, Dallas, TX 75232 T. 214.540.0300

Hours: Mon – Thurs 7:00 am – 6:00 pm; Fri 8:00 am-5:00 pm
Medical Services Offered: Pediatric, women’s health (pregnancy & non-pregnancy), family adult health, dentistry for children age 6 months-17 yrs, pharmacy, optometry, nutrition, podiatry, & behavioral health
Application Process: Appointment suggested
Client Must Bring: Information given upon call for appointment
Website: www.losbarriosunidos.org

Martin Luther King Jr. Family Clinic, Inc.
2922 Martin Luther King Jr. Blvd. Suite B, Dallas, TX 75215 T. 214.377.0773
F. 214.426.0075

Hours: Mon, Tue, Thu 8:00 am – 5:00 pm; Wed 8:00 am – 7:00 pm; Fri 8:00 am – 1:00 pm
Medical Services Offered: Family Practice (newborn – adult), Internal Medicine, Pediatrics, OB/GYN, mammogram, general dentistry & pediatric dental, behavioral health, pharmacy
Application Process: Appointment strongly recommended, but walk-ins are welcomed and worked into schedule
Client Must Bring: Proof of income and ID, forms on website if client has web access
Fee: Sliding scale $35.00 – $150.00, takes insurance and Medicaid/Medicare
Website: www.mlkfamilyclinic.org

Mission East Dallas
4550 Gus Thomasson Rd., Mesquite, TX 75150 T. 972.682.8917
F. 972.682.0798

Hours: Mon-Thurs 7:30 am – 6:00 pm, Fri 7:30 am – 1:00 pm
Medical Services Offered: Preventative care and early intervention for children and adults; chronic disease care; well women exams; urgent visits; minor procedures; primary care oriented mental health services; referrals for mammograms; referrals to specialist and community resources; screening for diabetes, hypertension, and oral hygiene; vaccinations
Application Process: Appointment required (call in)
Client Must Bring: Call for information
Fee: Call for information
Website: www.missioneastdallas.org

Prism Health Oak Cliff Health Center
219 Sunset Ave, #116-A, Dallas, TX 75208 T. 972-807-7370

Hours: Mon – Fri, 8:00 am-5:00 pm (closed daily 12:00-1:00 pm)
Service Area: HIV
Medical Services Offered: HIV primary care & case management

Prism South Dallas Health Center
4922 Spring Ave, Dallas, TX 75210 T. 214-421-7848
The Stewpot Clinic
1822 Young St. at Park Ave, Dallas, TX. 75201
- **Hours:** Mon – Thurs, 8:00 am & 1:00 pm; Fri 8:00 am
- **Service Area:** Homeless
- **Medical Services Offered:** Medical, dental and mental health

MEDICAL CLINICS DALLAS – LIMITED

**CitySquare**
2835 Al Lipscomb Way, Dallas, TX 75215
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Medical Services Offered:** Family (newborn – adults) & limited pharmacy services
- **Service Area:** 75203, 75208, 75210, 75211, 75215, 75216, 75217, 75223, 75226, 75227, 75241
- **Application Process:** Appointment required (call in)
- **Client Must Bring:** Some form of ID or proof of income & proof of address
- **Language Options:** Spanish available
- **Fee:** $10 per appointment
- **Website:** www.citysquare.org

**Dallas Life Clinic**
1100 Cadiz St., Dallas, TX 75215
- **Hours:** 24 hr. shelter; New clients: 7 days 4:30 pm – 8:30 pm
- **Service Area:** Must be a shelter resident of Dallas Life
- **Medical Services Offered:** Family Practice all ages; Medical provider for services are Metro Care/Parkland service; only 1st 10 patients for clinic, 1st 8 for dental
- **Application Process:** Walk in to apply to become a shelter resident
- **Client Must Bring:** To become a Dallas Life Shelter resident: ID & SS for adults; ID, birth certificate, shot record, SS for children
- **Fee:** Must be Dallas Life resident to receive medical attention
- **Website:** www.dallaslife.org

**North Dallas Shared Ministries Free Clinic**
2875 Merrell Rd., Dallas, TX 75229
- **Hours:** Monday-Friday 7:00 am – 7:00 pm walk-in or by appointment 214-235-8705
- **Service Area:** 75001, 75115, 75116, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75287
- **Eligibility Requirements:** Uninsured (exception: Immunizations for all children regardless of insurance status), Picture ID, Proof of residence within service area

**Urban Inter-Tribal Center of Texas**
209 Jefferson Blvd., Dallas, TX 75203
- **Hours:** Mon- Fri 8:00 am – 5:00 pm
- **Service Area:** Clients must be Native American and must provide a Certificate of Degree of Indian Blood to receive assistance

**The Stewpot Clinic**
1822 Young St. at Park Ave, Dallas, TX. 75201
- **Hours:** Mon – Fri, 8:00 am-5:00 pm (closed daily 12:00-1:00 pm)
- **Service Area:** HIV
- **Medical Services Offered:** HIV primary care & case management

**T.** 214.746.2785
**F.** 214.426.5144
**T.** 214.421.1380
**F.** 214.426.5144
**T.** 214.358.8705
**T.** 214.491.1050
PARKLAND COMMUNITY ORIENTED PRIMARY CARE CLINICS (PCOPC)

**Hours:** call Mon-Fri 8:00 am – 4:30 pm with questions.

**Parkland Nurse Line**
T. 214.590.0100

**Parkland Memorial Hospital**
T. 214.590.8000

5200 Harry Hines Blvd, Dallas, TX 75235

**NOTE:** All PCOPC health centers listed below require appointments.

**Bluitt-Flowers Health Center**
T. 214.266.4200
303 East Overton Rd, Dallas, TX 75216

**Hours:** Mon-Thu 7:30 am – 6:00 pm; Fri 8:00 am – 5:00 pm

**DeHaro-Saldivar Health Center**
T. 214.266.0500
1400 North Westmoreland, Dallas, TX 75211

**Hours:** Mon-Thu 7:30 am – 6:00 pm; Fri-Sat 7:30 am – 5:00 pm (Sat. urgent care)

**E. Carlyle Smith, Jr. Health Center**
T. 214.266.3400
801 Conover Dr, Grand Prairie, TX 75051

**Hours:** Mon-Thurs 7:30 am – 6:00 pm; Fri 7:30 am-5:00 pm

**Family Medicine Clinic**
T. 214.266.0312
5920 Forest Park Dr. Suite 601, Dallas, TX 75235

**Hours:** Mon, Wed, Thurs, Fri 8:00 am – 5:00 pm; Tues 8:00 am – 1:00 pm

**Garland Health Center**
T. 214.266.0700
802 Hopkins, Garland, TX 75040

**Hours:** Mon-Fri 7:00 am-6:00 pm; Sat 8:00 am-5:00 pm

**Geriatrics Center and Senior Services**
T. 214.590.8369
2231 Butler, Ste. 150, Dallas, TX 75235

**Hours:** Mon-Fri 8:00 am-5:00 pm

**Hatcher Station Health Center**
T. 214.266-1000
4600 Scyene Rd, Dallas, TX 75210

**Hours:** Mon-Fri 7:30 am – 6:00 pm; Sun 8:00 am-5:00 pm

**Irving Health Center**
1800 N. Britain Rd, Irving, TX 75061

**Hours:** Mon-Thu 7:30 am – 6:00 pm; Fri 8:00 am – 5:00 pm

**Oak West Health Center**
T. 214.266.1450
4201 Brook Spring Dr, Dallas, TX 75224

**Hours:** Mon-Fri 7:30 am – 6:00 pm

**Pediatric Primary Care Center**
T. 214.266.0100
6300 Harry Hines Blvd, Suite 110, Dallas, TX 75235

**Hours:** Mon-Fri 8:00 am – 5:00 pm
RedBird Health Center
3560 W. Camp Wisdom, Ste. 100, Dallas, TX 75237
**Hours:** Mon-Fri 7:30 am – 6:00 pm

Southeast Dallas Health Center
9202 Elam Rd, Dallas, TX 75217
**Hours:** Mon-Thu 7:30 am – 6:00 pm; Fri 8:00 am – 5:00 pm

Vickery Health Center
8224 Park Ln, Suite 130, Dallas, TX 75231
**Hours:** Mon-Thu 7:30 am – 6:00 pm; Fri 8:00 am – 5:00 pm; Sun 8:00 am-5:00 pm

Parkland Women’s Health Center Locations

**DeHaro-Saldivar Health Center**
1400 North Westmoreland, Dallas, TX 75211
**Hours:** Mon, Wed, Thurs & Fri 8:00 am-6:30 pm; Tues closed

**E. Carlyle Smith, Jr. Health Center**
801 Conover Dr, Grand Prairie, TX 75051
**Hours:** Mon-Fri 7:30 am – 4:00 pm

**Garland Health Center**
601 Clara Barton Blvd, 2nd Floor Garland, TX 75042
**Hours:** Tues, Wed, Thurs 7:00 am – 6:00 pm; Tues closed; Fri 7:00 am – 5:00 pm

**Hatcher Station Health Center**
4600 Scyene Rd, Dallas, TX 75210
**Hours:** Mon-Thurs 7:30 am – 6:00 pm; Fri closed.

**Irving Health Center**
1800 N. Britain Rd, Irving, TX 75061
**Hours:** Mon, Tues, Thurs, Fri 7:30 am – 6:00 pm; Wed closed

**Maple Women’s Health Center**
6300 Harry Hines Blvd, Suite 600, Dallas, TX 75235
**Hours:** Mon- Fri 7:30 am – 6:00 pm

**Oak West Health Center**
4201 Brook Spring, Dallas, TX 75224
**Hours:** Mon, Tues, Wed & Fri 7:30 am – 6:00 pm; Thurs closed

**Southeast Dallas Health Center**
9202 Elam Rd, Dallas, TX 75217
**Hours:** Mon-Thu 7:30 am – 6:00 pm; Fri 7:30 am-5:00 pm

**Vickery Health Center**
8224 Park Ln, Suite 130, Dallas, TX 75231
**Hours:** Tues – Fri 7:30 am – 6:00 pm; Mon closed

**Parkland Women’s Health Center Locations**

**Customer Hotline:** T. 214.590.4900

**DeHaro-Saldivar Health Center**
T. 214.266.0580
F. 214.266.0554

**E. Carlyle Smith, Jr. Health Center**
T. 214.266.3500
F. 214.266.3535

**Garland Health Center**
T. 214.266.0780
F. 214.266.0784

**Hatcher Station Health Center**
T. 214.266-1200
F. 214.266.1203

**Irving Health Center**
T. 214.266.3200
F. 214.266.3237

**Maple Women’s Health Center**
T. 214.266.0130
F. 214.266.0144

**Oak West Health Center**
T. 214.266.1400
F. 214.266.1403

**Southeast Dallas Health Center**
T. 214.266.1500
F. 214.266.1505

**Vickery Health Center**
T. 214.266.0266
F. 214.266.0281
Parkland’s Youth & Family Health Centers
Adamson Youth & Family Health Center
At Adamson High School
201 E 9th St, Dallas, TX 75203

**Hours:** Tues & Thurs 8:00 am-5:00 pm

T. 214.266.0955

Amelia Flores/White Rock Youth & Family Health Center
At Bryan Adams High School
9941 Lingo Lane, Dallas, TX 75228

**Hours:** Mon & Wed 8:00 am – 12:00 pm

T. 214.266.3130

Balch Springs Youth & Family Health Center
At Balch Springs Middle School
701 Cheyenne Rd, Dallas, TX 75217

**Hours:** Mon, Wed & Thurs 8:00 am – 5:00 pm; Fri 8:00 am-12:00 pm

T. 214.266.0258

Eddie B. Johnson Youth & Family Health Center
At Billy Earl Dade Middle School
2727 Al Lipscomb Way, Dallas, TX 75215

**Hours:** Mon & Wed 8:00 am – 5:00 pm

T. 214.266.0275

Fair Oaks Youth & Family Center
At Emmett Conrad High School
7502 Fair Oaks Ave, Dallas, TX 75231

**Hours:** Tue & Thurs 8:00 am – 5:00 pm

T. 214.266.0200

Redbird Youth & Family Health Center
At TW Browne Middle School
3803 Boulder Dr, Dallas, TX 75233

**Hours:** Tues & Thurs 8:00 am – 5:00 pm

T. 214.266.3290

Seagoville Youth & Family Health Center
At Seagoville Middle School
15800 Seagoville Rd, Dallas, TX 75253

**Hours:** Mon-Thurs 8:00 am – 5:00 pm; Fri 8:00 am – 12:00 pm

T. 214.266.3150

Vivian Field Youth & Family Health Center
13551 Dennis Lane, Farmers Branch, TX 75234

**Hours:** Mon-Fri 8:00 am – 12:00 pm

T. 214.266.2305

West Dallas Youth & Family Health Center
At Pinkston High School
2200 Dennis St, Dallas, TX 75212

**Hours:** Mon & Wed 8:00 am – 5:00 pm; Fri 8:00 am – 12:00 pm

T. 214.266.2300

Wilmer-Hutchins Youth & Family Center
At Wilmer-Hutchins High School
5520 Langdon Rd, Dallas, TX 75241

**Hours:** Mon & Wed 8:00 am-5:00 pm; Fri 8:00 am-12:00 pm

T. 214.266.3208
Woodrow Youth & Family Center
Woodrow Wilson High School
6006 Reiger Ave, Dallas, TX 75214

**Hours:** Mon & Wed 8:00 am – 5:00 pm; Fri 8:00 am – 12:00 pm

**T.** 214.266.3125
**DENTAL CLINICS**

**Agape Clinic at Grace United Methodist Church**
4104 Junius St., Dallas, TX 75246  
**Hours:** Mon-Fri Office 8:00 am-3:00 pm; dental Mon-Wed & Fri 8:30 am; Thurs 1:00 pm  
**Service Area:** No zip code restrictions  
**Medical Services Offered:** Dental emergencies & pain care only  
**Application Process:** Walk-in only  
**Client Must Bring:** No documents needed.  
**Fee:** $40.00 donation suggested  
**Website:** www.theagapeclinic.org

**Community Dental Center at Vickery Meadow**
8224 Park Lane #125, Dallas TX 75231  
**Hours:** Mon - Fri 8:00 am – 4:30 pm  
**Service Area:** City of Dallas  
**Fee:** Sliding scale

**HHM Health (Healing Hands Ministries)**
8515 Greenville Ave, Ste. N-108 Dallas, TX 75243  
**Hours:** Mon-Fri 7:00am – 3:45pm  
**Service Area:** Dallas County residents  
**Fee:** Sliding scale

**Los Barrios Unidos Community Dental Clinic**
809 Singleton Blvd., Dallas TX 75212  
**Hours:** Mon-Fri 8:00 am – 4:00 pm (by appointment only, children only 6 mo. – 16 yrs.)  
**Service Area:** Anyone  
**Fee:** Sliding scale

**Martin Luther King Jr. Family Clinic**
2922 B Martin Luther King Jr. Blvd., Dallas, TX 75215  
**Hours:** Mon-Thurs 8:00 am – 7:00 pm; Fri 8:00 am-1:00 pm  
**Service Area:** City of Dallas  
**Fee:** Sliding scale

**Mission East Dallas Dental Clinic**
4550 Gus Thomasson Rd., Mesquite, TX 75150  
**Hours:** Mon – Thurs 7:30 am – 6:00 pm; Fri 7:30 am – 1:00 pm  
**Service Area:** No limits  
**Fee:** Sliding Scale

**North Dallas Shared Ministries Dental Clinic**
2875 Merrell Rd., Dallas, TX 75229  
**Hours:** Mon-Fri 8:30 am – 5:00 pm by appointment 214-358-8729  
**Service Area:** 75001, 75115, 75116, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75287  
**Fee:** Free
The Stewpot Dental Clinic
1822 Young St., Dallas, TX 75201
  Hours: Mon – Thurs, 8:00 am & 1:00 pm; Fri 8:00 am
  Eligibility: Homeless. Walk-in only. No appointments
  Service Area: Homeless
  Fee: Free

Urban Inter-Tribal Center of Texas
209 Jefferson Blvd., Dallas, TX 75203
  Hours: Mon- Fri 8:00 am – 5:00 pm
  Service Area: Clients must be Native American and must provide a Certificate of Degree of Indian Blood to receive assistance
Dallas County Health and Human services provides short-term emergency assistance to eligible Dallas County residents (excluding 75287). The county’s welfare program is temporary and serves to assist residents until they are able to return to work or until they’re able to gain assistance from other resources.

**Client Must Bring:** ID card for head of household; SS cards and proof of all income earned (or unearned) for all household members; medical statement signed by doctor detailing patient’s current condition and length of disability; award letters and documents detailing benefits received.

**Limitations:** If an applicant receives housing assistance from any other source, he/she is not eligible for welfare services provided by DCHHS.

### For Utility Bills

T. 214.819.1848
Comprehensive Energy Assistance Program (CEAP): periodic utility assistance for elderly, disabled, and working poor. Call for appointment.

### For Clients with AIDS:

T. 214.819.2844
Housing Opportunities for People with AIDS (HOPWA): housing opportunities and rent assistance for persons with AIDS or who are HIV positive. Call for appointment.

### For Medically Impaired Clients unable to work

T. 214.891.1800
Welfare Division: Provides rent, utility assistance, food, and transportation. Call for appointment.

### For Homeless Clients:

T. 214.819.1800
Welfare Division: Provides room & board along with transportation at the Salvation Army. Call for application.

### For Pregnant Clients:

T. 214.819.1800
Welfare Division Provides rent, utility assistance, food, and transportation if unable to work. Must be either on bed rest; or two months before due date up to six weeks after birth of baby. Call for appointment.
Mental Health Care

Metrocare Services
Provides services for adults and children with mental retardation or mental illness in Dallas County. Some services include: in-home and family support, intermediate care facilities, transitional living services, behavioral and psychiatric services, vocational development and support, early childhood intervention, homeless outreach, child/adolescent mental health programs, and programs for juvenile offenders.

For help: T. 1.877.283.2121
Administrative Office: T. 214.743.1200
1345 Riverbend Dr. Ste. 200, Dallas, TX 75247 F. 214.630.3469
Hours: Mon-Fri 8:00 am – 5:00 pm
SOCIAL SECURITY

T. 1.800.772.1213
This is a toll-free number that operates Monday through Friday from 8:00 am to 5:30 pm. Recorded information and services are available 24 hours a day/7 days a week (includes weekends and holidays) for individuals with touch-tone phones. Individuals who are deaf or hard of hearing may call the toll-free TTY number, 1.800.325.0778, Monday through Friday from 7:00 am to 7:00 pm. Please have Social Security number ready upon calling.

_Social Security Disability Insurance (SSDI)_ – provides benefits to disabled or blind persons who are “insured” by workers’ contributions to the Social Security trust fund (i.e. “paid into the system”). No Medicare for 24 months.

_Supplemental Security Insurance (SSI)_ – provides assistance to low-income individuals who have never worked or who have not contributed to the Social Security trust fund (i.e. “not paid into the system”). Medicaid immediately.

Social Security Administration Locations

10824 N. Central Expressway
Dallas, TX 75231 T. 1.800.772.1213

2530 S. Malcolm X Blvd.
Dallas, TX 75210 T. 1.800.772.1213

2300 Dunson Dr.
Balch Springs, TX 75180 T. 1.800.772.1213

2475 Cliff Creek Crossing
Dallas, TX 75237 T. 1.800.772.1213
MEDICAID, *SNAP, TANF

Available through the Texas Department of Health and Human Services.
*Supplemental Nutrition Assistance Program, formerly known as Food Stamps

**1228 E. Ledbetter Dr., Dallas, TX 75216**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75136, 75216, 75232, 75339
- **T:** 214.372.4671
- **F:** 214.302.5180

**1010 Cadiz, Bldg. B, Dallas, TX 75215**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75215, 75315, 75371, 75207, 75212
- **T:** 214.421.7722
- **F:** 214.565.6958

**2020 N. Masters Dr., Dallas, TX 75217**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75180, 75181, 75217, 75227, 75228, 75253
- **T:** 972.216.0087
- **F:** 972.882.8299

**5455 Blair Rd. Dallas, TX 75231**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75205, 75209, 75214, 75230, 75240, 75241, 75251, 75254, 75372, 75382
- **T:** 214.750.4619
- **F:** 214.891.0513

**3910 Gaston Ave. Ste 200, Dallas, TX 75204**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75201, 75202, 75204, 75206, 75209, 75210, 75211, 75223, 75226, 75242, 75246, 75250, 75270, 75313, 75360
- **T:** 214.827.5210
- **F:** 214.818.4898

**1111 W. Ledbetter Dr., Ste 400, Dallas, TX 75224**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75137, 75138, 75203, 75208, 75211, 75224, 75233, 75236, 75376
- **T:** 214.372.6370
- **F:** 214.302.4275

**440 S. Nursery Rd, Ste 200, Irving, TX 75060**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75019, 75038, 75039, 75060, 75061, 75062, 75063
- **T:** 972.579.3080
- **F:** 972.579.1062

**6500 Northwest Dr., Ste 300, Mesquite, TX 75150**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75040, 75041, 75043, 75088, 75150, 75182, 75185, 75218
- **T:** 972.681.9778
- **F:** 972.682.3261

**1059 S. Sherman Ste 100, Richardson, TX 75081**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75042, 75044, 75045, 75046, 75047, 75048, 75080, 75081, 75082, 75083, 75085, 75089, 75238, 75243, 75355, 75374
- **T:** 972.480.5000

**1228 E. Ledbetter Dr., Dallas, TX 75216**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75136, 75216, 75232, 75339
- **T:** 214.372.4671
- **F:** 214.302.5180

**1010 Cadiz, Bldg. B, Dallas, TX 75215**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75215, 75315, 75371, 75207, 75212
- **T:** 214.421.7722
- **F:** 214.565.6958

**2020 N. Masters Dr., Dallas, TX 75217**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75180, 75181, 75217, 75227, 75228, 75253
- **T:** 972.216.0087
- **F:** 972.882.8299

**5455 Blair Rd. Dallas, TX 75231**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75205, 75209, 75214, 75230, 75231, 75240, 75241, 75251, 75254, 75372, 75382
- **T:** 214.750.4619
- **F:** 214.891.0513

**3910 Gaston Ave. Ste 200, Dallas, TX 75204**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75201, 75202, 75204, 75206, 75209, 75210, 75211, 75223, 75226, 75242, 75246, 75250, 75270, 75313, 75360
- **T:** 214.827.5210
- **F:** 214.818.4898

**1111 W. Ledbetter Dr., Ste 400, Dallas, TX 75224**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75137, 75138, 75203, 75208, 75211, 75224, 75233, 75236, 75376
- **T:** 214.372.6370
- **F:** 214.302.4275

**440 S. Nursery Rd, Ste 200, Irving, TX 75060**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75019, 75038, 75039, 75060, 75061, 75062, 75063
- **T:** 972.579.3080
- **F:** 972.579.1062

**6500 Northwest Dr., Ste 300, Mesquite, TX 75150**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75040, 75041, 75043, 75088, 75150, 75182, 75185, 75218
- **T:** 972.681.9778
- **F:** 972.682.3261

**1059 S. Sherman Ste 100, Richardson, TX 75081**
- **Hours:** Mon – Fri 8:00 am – 5:00 pm
- **Serves zip codes:** 75042, 75044, 75045, 75046, 75047, 75048, 75080, 75081, 75082, 75083, 75085, 75089, 75238, 75243, 75355, 75374
- **T:** 972.480.5000
WOMEN, INFANTS AND CHILDREN (WIC)

WIC — The Special Supplemental Nutrition Program for Women, Infants and Children — is a health and nutrition program with a successful record of improving the diet of infants, children, and pregnant, postpartum and breastfeeding women. WIC provides nutrition education, nutritious foods, referrals to health and human services and breastfeeding support. Food benefits are issued for each client. Both fathers and mothers can receive and spend the benefits for their children.

Eligibility: Pregnant women; women who are breastfeeding a baby under 1 year of age; women who have had a baby in the past six months; parents, step-parents, guardians, and foster parents of infants and children under the age of 5; fathers of children under the age of 5

To locate the WIC clinic closest to your location call T. 1.800.942-3678
Administration: City of Dallas, Texas Department of Health and Human Services T. 214-819-2000
2377 Stemmons Fwy., Suite 400, Dallas, TX 75207
Hours: Monday through Friday, 8 a.m. to 5 p.m
Texas Department of Public Safety

Please see www.dps.texas.gov/section/driver-license for appointments. No walk-ins.

Dallas-Garland Mega Center Driver License Center.  T. 214.861.3700
4445 Saturn Rd, Garland, TX 75041
Hours: Mon-Fri 7:30 am -6:00 pm

Carrollton Mega Center Driver License Center  T. 972.394.4530
4600 State Highway 121. Carrollton, TX 75010
Hours: Mon-Thurs 7:30 am-6:00 pm; Fri 7:30 am-5:00 pm

Dallas Southwest Mega Center  T. 214.330.3958
39025 LBJ Service Rd, Dallas, TX 75232
Hours: Mon-Thurs 7:00 am-7:00 pm; Fri 7:00 am-5:30 pm
DOMESTIC VIOLENCE VICTIM PROGRAMS

Brighter Tomorrows
928 Bluebird Dr, Irving, TX 75061
T. 972.254.4003
24-hr T. 972.262.8383
F. 972.254.8086

Care Center Ministries
7912 Antoinette St., Dallas, TX 75217
T. 214.824.9852
F. 214.824.3499

Denton County Friends of the Family
Mailing: PO Box 640, Denton, TX 76202
T. 940.387.5131
24-hour Crisis Hotline 940.382.7273
24-hour Crisis Hotline 800.572.4031
F. 940.383.1816

The Family Place
Mailing: PO Box 7999, Dallas, TX 75209
T. 214.559.2170
F. 214.443.7797

Genesis Women’s Shelter
Mailing: 4411 Lemmon Ave, Ste. 201, Dallas, TX 75219
T. 214.946.4357 (24 hour hotline & text line)
F. 214.559.2361

Hope’s Door New Beginning Center
218 N. 10th St., Garland, TX 75040
Garland T. 972.276.0423
24-hr T. 972.276.0057
F. 972.423.4156

Mosaic Family Services
12225 Greenville Ave., Suite 800, Dallas, TX 75243
T. 214.821.5393
24-hr Hotlines:
Domestic Violence: 214.823.4434
Human Trafficking: 214.823.1911
Shelter: 214.823.4434
F. 214.821.0810

Reconciliation Outreach Program
1421 N. Peak St., Dallas, TX 75204
T. 214.545.6500
F. 214.545.6525

Salvation Army—Carr P. Collins Social Service Center
5302 Harry Hines Blvd., Dallas, TX 75235
T. 214.424.7000
F. 214.424.7123
FOOD PROGRAMS

FRIDAY FOOD BASKET
NORTH DALLAS SHARED MINISTRIES
2875 Merrell Rd., Dallas, TX 75229
T. 214.358.8700
F. 214.358.8797

Services Offered: Friday Food Basket Program for seniors 60+
Hours: Fri, 8:00 am-12:00 pm
Eligibility Requirements: Must be 60 years or older
Clients Must Bring: Proof of age and income
Application Process: Walk-in
Website: www.ndsm.org
Email: admin@ndsm.org

MEALS ON WHEELS (VISITING NURSES ASSOCIATION)
1440 W. Mockingbird, Dallas, TX 75247
T. 214.689.2639
F: 214.631.7554

Services Offered: provides hot, nutritious, freshly prepared meals five days a week delivered to Dallas County residents who can’t provide for themselves due to illness, advanced age or disability
Eligibility Requirements: be over the age of 60 or disabled; be unable to drive or leave your home without assistance; limited financial resources; live in Dallas County
Application Process: Complete application by phone
Website: www.vnatexas.org.
Email: getmeals@vnatexas.org

WIC (WOMEN, INFANTS, AND CHILDREN)
SUPPLEMENTAL FOOD PROGRAM
Administration: City of Dallas, Texas Department of Health and Human Services
2377 Stemmons Fwy., Suite 400, Dallas, TX 75207
To locate the WIC clinic closest to your location call T: 1.800.942-3678

Services Offered: Special Supplemental Nutrition Program for Women, Infants and Children — is a health and nutrition program with a successful record of improving the diet of infants, children, and pregnant, postpartum and breastfeeding women. WIC provides nutrition education, nutritious foods, referrals to health and human services and breastfeeding support. Food benefits are issued for each client. Both fathers and mothers can receive and spend the benefits for their children. There are bilingual workers at every location. Available to those who are undocumented, unmarried, or have private health insurance.
Eligibility: Pregnant women; women who are breastfeeding a baby under 1 year of age; women who have had a baby in the past six months; parents, step-parents, guardians, and foster parents of infants and children under the age of 5; fathers of children under the age of 5. WIC qualifications are based on household income and the number of people in the family. Clients approved for Food Stamps, Medicaid, or TANF will automatically qualify for WIC. WIC services include supplemental food and formula for all income eligible pregnant women, nursing mothers, and children up to the age of 5 in Dallas County.
EMPLOYMENT PROGRAMS

TEXAS WORK FORCE COMMISSION
The state government agency that oversees and provides workforce development services to employers and job seekers in Texas.

**General Office Hours:** Mon – Fri 8:00 am – 5:00 pm
Dallas Area Management Office
1201 Main St. Suite 2700, Dallas, TX 75202
T. 214.290.1031

**Teleserve number for Texas Work Force Commission**
Automated system which provides unemployment weekly benefit, maximum benefit, paid, and balance information. Also provides status of claim.
T. 1.800.558.8321

**Work Force Center Locations:**

217 N. 10th
Garland, TX 75040
T. 972.276.8361

1125 S. Buckner Blvd
Dallas, TX 75217
T. 972.264.5881

2110 N. Galloway Suite 116
Mesquite, TX 75150
T. 972.329.1948

3560 W Camp Wisdom Rd
Dallas, TX 75237
T. 972.709.5377

5955 Alpha Rd. Suite 200
Dallas, TX 75240
T. 972.388.5600

1610 S. Malcolm X Blvd., Suite 201
Dallas, TX 75226
T. 469.802.1800

2520 W. Irving Blvd., Suite 100
Irving, TX 75061
T. 972.573.3500
LEGAL AID PROGRAMS

Catholic Charities—Immigration & Legal Services
1421 W. Mockingbird Dallas, TX 75247
T. 214.634.7182

Legal Aid of Northwest Texas
1515 Main St, Dallas, TX 75201
24 hr. Hotline: 888.529.3527
(T. 214.748.1234
(Central office; call for offices located in other Dallas areas)
SENIOR PROGRAMS

MEALS ON WHEELS (VISITING NURSES ASSOCIATION)
1440 W. Mockingbird, Dallas, TX 75247 T. 214.689.2639
F: 214.631.7554

Services Offered: provides hot, nutritious, freshly prepared meals five days a week delivered to Dallas County residents who can’t provide for themselves due to illness, advanced age or disability

Eligibility Requirements: be over the age of 60 or disabled; be unable to drive or leave your home without assistance; limited financial resources; live in Dallas County

Application Process: Complete application by phone

Website: www.vnatexas.org.
Email: getmeals@vnatexas.org

NETWORK OF COMMUNITY MINISTRIES (RICHARDSON NETWORK)
741 S. Sherman St., Richardson, TX 75081 T. 972.234.8880
F. 972.234.8892

Services Offered: Senior citizen assistance for rentals, utilities, food; clothes; job resource center

Hours: General Hours: Mon – Thu 9:00 am – 6:00 pm, Fri 9:00 am – 12:00 pm

Eligibility Requirements: 75042, 75044, 75080, 75081, 75082, 75083, 75231, 75238, 75240, 75243, 75248, 75251, 75252, 75254

Clients Must Bring: Appointment phone call will clarify necessary documentation; usually picture ID and SS cards for self and for all in household; proof of address

Application Process: Appointment required

Limits: No set limits for assistance; each case taken on an individual basis; Utility assistance primarily for TXU

Website: www.thenetwork.org

NORTH DALLAS SHARED MINISTRIES FRIDAY FOOD BASKET
2875 Merrell Rd., Dallas, TX 75229 T. 214.358.8700
F. 214.358.8797

Services Offered: Friday Food Basket Program for seniors 60+

Hours: Fri, 8:00 am-12:00 pm

Eligibility Requirements: 75001, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75248, 75249, 75251, 75252, 75254, 75287;

all seniors are eligible for

Clients Must Bring: Proof of age and income

Application Process: Walk-in

Website: www.ndsm.org
Email: admin@ndsm.org

SENIOR SOURCE
3910 Harry Hines Blvd., Dallas, TX 75219 T. 214.823.5700
F. 214.826.2441

Services Offered: Utility financial assistance (TXU, Ambient, Garland Power & Light, Atmos only)

Hours: Mon-Fri 8:00 am-5:00 pm

Eligibility Requirements: Must be over 60 years of age.
Application Process: Contact the Elder Financial Center to complete an intake.
Clients Must Bring: Photo ID and proof of income
Website: www.theseniorsource.org
SUBSTANCE ABUSE PROGRAMS

APPA
3116 Martin Luther King Jr Blvd, Dallas, TX 75215
T. 214.634.2722

AIDS Services of Dallas
PO Box 4338, Dallas, TX 75208-0338
T. 214.941.0523
F. 214.941.8144

Austin Street Centre
2929 Hickory St., Dallas, TX 75226
T. 214.428.4242
F. 214.428.8158

Dallas Life
1100 Cadiz St., Dallas, TX 75215
T. 214.421.1380
F. 214.426.5144

Dallas 24-Hour Club
4636 Ross Ave, Dallas, TX 75204
T. 214.823.3200

Homeward Bound
2535 Lone Star Dr, Dallas, TX 75212
T. 214.941.3500

The Magdalen House
4513 Gaston Ave., Dallas, TX 75216
T. 214.324.9261
F. 214.324.5299

Men of Nehemiah
2010 Al Lipscomb Way, Dallas, TX 75215
T. 214.421.6705

My Second Chance
3832 S Lancaster, Dallas, TX 75216
T. 214.374.1104

New Friends New Life
Mailing Address: P. O. Box 192378, Dallas, TX 75219
T. 214.965.0935
F. 214.965.9561

Nexus Recovery Center
8733 La Prada Drive, Dallas, TX 75228
T. 214.321.0156
F. 214.321.3096

Promise House (must be 10-17 yrs. of age)
224 W. Page, Dallas, TX 75208
T. 214.941.8578
F. 214.941.8670

Salvation Army—Carr P. Collins Social Service Center
5302 Harry Hines Blvd., Dallas, TX 75235
T. 214.424.7050
F. 214.688.5234

Soul’s Harbor
13134 Nile Dr, Dallas, TX 75253
T. 972.286.1940
F. 972.286.5282

Turtle Creek Recovery Center
2707 Routh St., Dallas, TX 75201
T. 214.871.2483
TRANSPORTATION LIVING PROGRAMS

Aids Services of Dallas
PO Box 4338, Dallas, TX 75208-0338
T. 214.941.0523
F. 214.941.8144

Care Center Ministries left final vmm
7912 Antoinette St., Dallas, TX 75217
T. 214.824.9852
F. 214.824.3499

Exodus Ministries (Female ex-convicts & families)
4630 Munger Ave, Ste. 110, Dallas, TX 75204
T. 214.827.3772

Housing Crisis Center
4210 Junius St., Dallas, TX 75246
T. 214.828.4244
F. 214.828.9623

Interfaith Family Services
5600 Ross Ave., Dallas, TX 75206
T. 214.827.7220
F. 214.451.3198

Jonathan’s Place (Young women)
6065 Duck Creek Dr, Garland, TX 75043
T. 972.303.5303

Men of Nehemiah
2010 Al Lipscomb Way, Dallas, TX 75215
T. 214.421.6705

Metrocare Services
1340 River Bend Dr., Dallas, TX 75247
T. 214.743.1200
F. 214.630.3469

Our Friends Place (women 18-24 yrs. of age)
6500 Greenville Ave, Ste. 620, Dallas, TX 75206
T. 214.520.6268
F. 214.526.6219

Promise House (youth, 10-17 yrs. of age)
224 W Page, Dallas, TX 75208
T. 214.941.8578
F. 214.941.8670

Shared Housing Center
402 N. Good Latimer, Dallas, TX 75204
T. 214.821.8510
F. 214.828.1499

The Turn•Around Agenda (TTA)
Outreach Center: 7125 S Polk Street Ste 1 Dallas, TX 75232
T. 972-228-0872
F. 972-228-1110

Family Services: 7140 Library Lane Dallas, TX 75232
T. 469-567-1793
F. 972-224-0090
AGENCY DESCRIPTIONS

Legend: SS = Social Security; BC = Birth Certificate

AIDS SERVICES OF DALLAS
PO Box 4338, Dallas, TX 75208-0338
T. 214.941.0523
F. 214.941.8144

Services Offered: Permanent supportive housing: breakfast & lunch 5 days/week; Supper Club evening meals program; housing program (including assisted living and medically supportive housing); transportation; case management; medical case management and home health care

Eligibility Requirements: Individuals and families are served. At least one member of the household must be HIV Positive or have diagnosis of AIDS. Services provided to residents of: Collin, Cooke, Dallas, Denton, Ellis, Fannin, Grayson, Henderson, Hunt, Kaufman, Navarro and Rockwall counties.

Clients Must Bring: Picture ID, if available; proof of income; letter of diagnosis

Application Process: Appointment only. Please call or email to set up appointment and for any updates to the application process.

Limits: No limits

Website: www.aidsdallas.org

Email: tclaxton@aidsdallas.org or mandrews@aidsdallas.org

APPA
3116 Martin Luther King Jr Blvd, Dallas, TX 75215

T. 214.634.2722

Services Offered: integrated health, wellness, and recovery support for co-occurring mental health and substance use challenges.

Eligibility Requirements: None

Hours: Mon-Fri 8:00 am - 8:00 pm, Sat 10:00 am-6:00 pm

Application Process: Please call or email to set up appointment

Website: www.recoveryiswhy.org

AUNT BETTE’S COMMUNITY PANTRY
1502 Pennsylvania Ave, Dallas, TX 75215

T. 214.753.5600

Services Offered: Food

Eligibility Requirements: Must live in 75215 or 75215

Hours: Mon. & Wed. 9:00-11:00 am by appointment

Clients Must Bring: Picture ID & proof of residency

Application Process: Appointment only. Please call or email to set up appointment

Limits: Twice monthly

Website: www.stphilips1600.org/community/foodpantry

AUSTIN STREET CENTER
2929 Hickory St, Dallas, TX 75226

T. 214.428.4242
F. 214.428.8158
Services Offered: Emergency overnight shelter; evening meals; showers; clean clothes; psychiatric and medical care; Work Readiness Program; Pathway House; Veterans Program; Substance Abuse Support; Women’s Program

**Hours:** Mon-Fri 1:00-4:00 pm

**Eligibility Requirements:**
- Clients: men - 45 and up; women - 18 and up, children - with parent or legal guardian
- Clients must be drug and alcohol free and must present legal documentation

**Clients Must Bring:** Valid state or federal ID; men-maximum of 2 bags no more than 25 lbs. each

**Application Process:** Walk-in / First Come - First Serve from beginning of intake

**Limits:**
- Up to 425, but can adjust within fire code compliance during an emergency
- No set time limit for clients to stay at the shelter

**Website:** www.austinstreet.org

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**THE BRIDGE**
1818 Corsicana St, Dallas, TX 75201

Services Offered: Emergency and transitional shelters for both day and night, meals, health care, job assistance, legal services, benefits assistance, storage, kennel, barbershop

**Hours:** 7 days per week, 24 hours; First time clients go to Welcome Building for intake process – Mon – Fri 11:00 am-2:00 pm

**Eligibility Requirements:** Homeless

**Website:** bridgenorthtexas.org

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**BRIGHTER TOMORROWS**
Shelter address confidential
Mailing: 928 Bluebird Dr, Irving, TX 75061

Services Offered: Full-service emergency shelter for victims of domestic violence; crisis counseling; support groups; court and hospital accompaniment; community education; licensed therapy for sexual assault; protective orders; child care; assistance with employment; transitional housing

**Hours:** Shelter is open 24 hours a day, 7 days a week; Resource and counseling center is open M-F, 8:00 am – 5:00 pm

**Eligibility Requirements:** Client must be a victim of domestic violence or sexual assault

**Application Process:** Client must call first to discuss needs. Client should call the resource and counseling center at 972.263.0506 unless experiencing a crisis, in which case the client should call the hotline 972.262.8383 (preferred)

**Website:** www.brightertomorrows.net

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**BROTHER BILL’S HELPING HAND**
3906 N Westmoreland, Dallas, TX 75212

Mailing: PO Box 565846, Dallas, TX 75356

Services Offered: Services include medical care, counseling, legal assistance, job training, and other support services for individuals and families experiencing homelessness and other crises.

**Hours:** 24 hours, 7 days a week

**Eligibility Requirements:** Clients must be homeless and in need of immediate assistance.

**Website:** www.brotherbill.net

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**THE BRIDGE**
1818 Corsicana St, Dallas, TX 75201

Services Offered: Emergency and transitional shelters for both day and night, meals, health care, job assistance, legal services, benefits assistance, storage, kennel, barbershop

**Hours:** 7 days per week, 24 hours; First time clients go to Welcome Building for intake process – Mon – Fri 11:00 am-2:00 pm

**Eligibility Requirements:** Homeless

**Website:** bridgenorthtexas.org

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Shelter address confidential
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Services Offered: Full-service emergency shelter for victims of domestic violence; crisis counseling; support groups; court and hospital accompaniment; community education; licensed therapy for sexual assault; protective orders; child care; assistance with employment; transitional housing

**Hours:** Shelter is open 24 hours a day, 7 days a week; Resource and counseling center is open M-F, 8:00 am – 5:00 pm

**Eligibility Requirements:** Client must be a victim of domestic violence or sexual assault

**Application Process:** Client must call first to discuss needs. Client should call the resource and counseling center at 972.263.0506 unless experiencing a crisis, in which case the client should call the hotline 972.262.8383 (preferred)

**Website:** www.brightertomorrows.net

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**BROTHER BILL’S HELPING HAND**
3906 N Westmoreland, Dallas, TX 75212

Mailing: PO Box 565846, Dallas, TX 75356

Services Offered: Services include medical care, counseling, legal assistance, job training, and other support services for individuals and families experiencing homelessness and other crises.

**Hours:** 24 hours, 7 days a week

**Eligibility Requirements:** Clients must be homeless and in need of immediate assistance.

**Website:** www.brotherbill.net

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**BUCKNER CENTER FOR HUMANITARIAN AID**
5405 Shoe Dr., Mesquite, TX 75149

**Services Offered:** Food pantry drive through every Thurs. morning

**Hours:** Call for appointment.

**Eligibility Requirements:** None

**Application Process:** Call for appointment

**Limits:** Food available every two weeks

**Website:** www.buckner.org

**Services Offered:** Food;

**Clients Must Bring:** Picture ID and documentation showing residence

**Website:** bbhh.com
**Email:** helpinghand@bbhh.org

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**CARE CHURCH FOOD PANTRY (formerly RICHARDSON EAST CARE CORPS)**
1504 East Campbell Rd., Richardson, TX 75081

**Services Offered:** Food

**Hours:** Food (Walk-ins): Tue & Thu 12:00 pm –2:30pm, Wed 6:00-7:00 pm

**Eligibility Requirements:** None

**Clients Must Bring:** Picture ID for self; SS cards for all in household; proof of address; copy of lease for rental assistance; copy of utility bill for utility assistance; last pay stub

**Application Process:**

**Limits:** Clients may receive food once every 4 weeks

**Website:** www.carechurch.org
**Email:** carecorps@carechurch.org

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**CARVER HEIGHTS BAPTIST CHURCH**
2510 E. Ledbetter Dr, Dallas, TX 75216

**Services Offered:** Food

**Hours:** Food (Walk-ins): Wed & Thu 8:00-10:00 am

**Eligibility Requirements:** None

**Clients Must Bring:** Picture ID and proof of address

**Website:** www.carverheightsbc.net
CATHOLIC CHARITIES—IMMIGRATION & LEGAL SERVICES
1421 W. Mockingbird Dallas, TX 75247 T. 214.634.7182

Services Offered: Citizenship Programs; Immigration Seminars; Deportation Hearings; VAWA Program
Application Process: Clients MUST visit in person to meet with a caseworker; call for appointment.
Website: www.ccdallas.org

CATHOLIC CHARITIES—REFUGEE SERVICES
1421 W. Mockingbird Dallas, TX 75247 T. 972.246.6010

Services Offered: ESL Classes; GED / Job Placement; Literacy & Vocational Training
Eligibility Requirements: 75203, 75208, 75211, 75216, 75224, 75233
Website: www.ccdallas.org
Email: sgilani@ccdallas.org

CEDAR HILL SHARES
403 Houston St, Cedar Hill, TX 75104 T. 972.293.2822

Services Offered: food, utility,
Hours: Mon 10:00 am-1:00 pm, Wed 10:00 am-1:00 pm, Sat 9:00 am-12:00 pm
Eligibility:

CITYSQUARE
Mailing Address: PO Box 140024, Dallas, TX 75214 T. 214.823.8710
Administrative Office: 1610 S Malcolm X Blvd, Dallas, TX 75226
CitySquare Clinic: 2835 Al Lipscomb Way, Dallas, TX 75215
Food Pantry: 1610 S Malcolm X Blvd, Dallas, TX 75226
Legal Clinic: 511 N. Akard St., Ste. 302, Dallas, TX 75201

Services Offered: Food; workforce training; financial empowerment coaching; rental assistance; medical care; legal services; affordable housing; supportive services for foster care youth and youth experiencing homelessness
Hours: Mon-Fri, 9:00 am – 5:00 pm
Food Pantry (COVID HOURS): Tues-Fri, 9:00 am – 1:00 pm
Eligibility Requirements: No set requirements, no citizenship status necessary
Clients Must Bring: Current picture ID; SS cards if possible
Application Process: By appointment for medical and legal assistance; walk-ins for food pantry.
Website: www.citysquare.org

CORNERSTONE BAPTIST CHURCH
T. 214.426.5468
Church: 1819 Martin Luther King, Jr. Blvd, Dallas, TX 75215
Clothes & Showers: 2711 S Ervay St, Dallas, TX 75215

Services Offered: Meals, Clothing, & showers for homeless
Hours: For clothing & showers Tues, Thurs & Sat 9:00-11:00 am
Eligibility Requirements: Homeless
Clients Must Bring: Picture ID for self
Other Programs: Meals served in kitchen
Website: www.cornerstonedallas.org
CRISIS MINISTRIES
114 E. 2nd St., Irving, Texas 75060 T. 972.254.0973

Services Offered: Food Bank
   Hours: Mon, Tue, Wed, Fri 10:00 am – 1:15 pm; 10:00-11:30 2nd and 4th Saturdays
   Eligibility Requirements: Client must be an Irving resident
   Clients Must Bring: Picture ID for self and proof of residency, utility bill, lease, or other documents other than license or state ID.
   Application Process: Call to confirm.
   Other Programs: Financial and job assistance, Hygiene products, direct referrals for other local services.
   Website: www.crisis-ministries.org
   Email: information@bbmoi.org

CROSSROADS COMMUNITY SERVICES
4500 S. Cockrell Hill Road Dallas, TX 75236 T. 214.560.2511

Services Offered: Food Pantry
   Hours: Mon – Thurs 8:30 am – 1:00 pm and 1st & 3rd Saturday from 9:00 am – 12:00 pm
   Eligibility Requirements: Must reside in the following Dallas County zip codes: 75052, 75212, 75211, 75236, 75249, 75104, 75208, 75233, 75116, 75137, 75237, 75224, 75232, 75115, 75203, 75216, 75241, 75217
   Clients Must Bring: Current original picture ID for all adults in household; original birth certificates for all children under 18 years old (or current letter from school or Medicaid); current lease (naming ALL household residents you will be registering) or tax/mortgage statement; and current proof of address (utility bill or rent receipt with apartment stamp).
   Application Process: On-site during first visit
   Limits: Clients receive food once per month
   Bus Lines: The nearest DART stop is located at Cockrell Hill & Bronze Way (Bus Route 547).
   Website: www.ccsdallas.org
   Pantry Page: https://ccsdallas.org/bulletin/

DALLAS BETHLEHEM CENTER
4410 Leland Ave., Dallas, TX 75215 T. 214.428.5171

Services Offered: Food
   Hours: Thurs 10:30 am-1:00 pm
   Eligibility Requirements: None
   Website: www.dallasbethlehemcenter.org
   Email: admin@dallasbethlehemcenter

DALLAS COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES
2377 N. Stemmons Fwy. Suite 201, Dallas, TX 75207-2710 T. 214.819.1800
   F. 214.819.1810

Services: Utility assistance for elderly, disabled, and working poor; housing opportunities and rent assistance for persons with AIDS or who are HIV positive; rent, utility assistance, food, and transportation for medically
impair clients unable to work; room & board along with transportation at the Salvation Army for the homeless. rent, utility assistance, food, and transportation for pregnant female if unable to work. Must be either on bed rest; or two months before due date up to six weeks after birth of baby.

**Application process:** Call for appointments.

<table>
<thead>
<tr>
<th>For Clients with AIDS:</th>
<th>T. 214.819.1853</th>
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<tbody>
<tr>
<td>For Utility Assistance:</td>
<td>T. 214.891.1848</td>
</tr>
<tr>
<td>For Homeless Clients:</td>
<td>T. 214.819.1800</td>
</tr>
<tr>
<td>For Pregnant Clients:</td>
<td>T. 214.819.1800</td>
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**DALLAS LIFE**

1100 Cadiz St., Dallas, TX 75215

**Mailing:** PO Box 130116, Dallas, TX 75221

**Services Offered:** Shelter for homeless men, women and children (dorms for singles, private rooms for married couples and families); meals; Recovery Program; Job Placement Program; Dental and Medical clinic; clothing

**Hours:** 7 days a week, check-in 4:30 pm – 8:30 pm

**Clients Must Bring:** Two forms of ID (picture ID & SS card); limit 2 pieces of luggage weighing 25 pounds or less; children must have birth certificate, SS card and immunization records; married couples must have a valid marriage license to stay together

**Application Process:** Walk-in

**Limits:**

- [ ] Shelter is free for 3 nights and then $12 a night after that if you do not join the program
- [ ] A limited number of clients may stay free up to 30 days if they work at the center or join a faith-based drug/alcohol program requiring a 10-month commitment and desire to change.

**Website:** www.dallaslife.org

**Email:** info@dallaslife.org

**DALLAS 24-HOUR CLUB**

4636 Ross Ave, Dallas, TX 75204

**Services Offered:** Provide shelter and housing for up to six months per stay for recovering alcoholics and drug addicts at a minimal cost

**Hours:** 9:00 am – 4:00 pm everyday

**Eligibility Requirements:** None

**Application Process:** Walk-in

**Website:** www.dallas24hourclub.org

**DUNCANVILLE OUTREACH MINISTRY**

202 E. Cherry St., Duncanville, TX 75116

**Services Offered:** Food; clothes; rent; utilities (electric and water); one-time prescription medicine

**Hours:** Mon – Fri 9:30 am – 12:30 pm

**Eligibility Requirements:** 75116 and 75137; 30 days proof of income

**Clients Must Bring:** Picture ID (driver’s license, immigration card, or ID card); proof of residence (in the form of a utility bill or a letter from the apartment manager – do not accept lease agreements)
Application Process: Walk-in
Limits:
- Clients may receive food once a month
- Clients may receive utility assistance once a year
- Clients may receive clothing once a month during first 3 months
- Clients may receive rent/mortgage assistance once a year
Website: www.duncanvilleoutreachministry.com
Email: dom202@prodigy.net

EXODUS MINISTRIES
4630 Munger Ave, Ste. 110, Dallas, TX 75204 T. 214.827.3772

Services Offered: Half-way house for female ex-convicts and their families; job assessment and job counseling; classroom instruction in parenting, homemaking and budget management.
Eligibility Requirements: All services limited to female ex-convicts and their families

FAMILY GATEWAY
711 S. St. Paul St., Dallas, TX 75201 T: 1.888.411.6802 option 3 F: 214.884.3110

Services Offered: Services to stabilize families without shelter if possible (known as assessment and diversion), emergency shelter, supportive housing, case management, and education programming
Hours: 24 hours a day, 7 days a week
Eligibility Requirements: Must be 18 years or older, have at least one child within your care and custody that is under the age of 18, and must be currently homeless or facing homelessness within the next 72 hours
Clients Must Bring: Personal documents are not required for program entry, but please bring the following if available: Texas ID, SS cards, and birth certificates for all family members, shot records, and documentation of homelessness (hotel receipts, referrals, eviction letters, etc.)
Application Process: Call the Homeless Crisis Helpline (1-888-411-6802 option 3) or complete the assessment on our website: https://familygateway.org/get-assistance/prescreen/
Limits: None
Referral: Send a referral letter via email
Website: www.familygateway.org
Email: assessment@familygateway.org

FIRST BAPTIST CARROLLTON FRIENDSHIP HOUSE
3733 N Josey Lane., Carrollton, TX 75007 T. 972.512.3838 F.1.855.512.3700

Services Offered: Food pantry
Hours: Tues 1:00-4:00 pm; Wed 9:00-11:00 am and 1:30-4:00 pm; Thurs 9:00-11:00 am
Eligibility Requirements: None
Application Process: Call for appointment
Limits: Clients may receive food once a week
Website: www.fbcc.org
Email: friendshiphouse@fbcc.org
THE FAMILY PLACE
Mailing: PO Box 7999, Dallas, TX 75209
Emergency Shelter Hotline 214.941.1991
Outreach Services: 214.559.2170
Batterer’s Intervention: 214.692.8295
F. 214.443.7797

Services Offered: 24-hour hotline, emergency shelter for victims of family violence (including the state’s only domestic violence shelter for men and children), medical and dental care, animal shelter, transitional housing, children’s educational services, community based counseling, children’s counseling, prevention services, incest recovery services, supervised visitation and exchange, battering prevention and intervention, employment services, legal services, community education and case management.

Hours: Shelter intake and hotline: 24 hours a day/7 days a week; outreach services: Mon – Fri 9:00 am – 5:00 pm (some evening and Saturday times available)

Eligibility Requirements:
• Clients seeking shelter must be victims of family violence, abuse, or incest
• Clients seeking outreach counseling services must be victims of family abuse, violence, or incest

Clients Must Bring: Picture ID preferred, but there are no requirements to receive services.

Application Process: Appointment necessary for outreach services; walk in appointments are available but may require a wait time based on staff availability.

Limits: Average length of stay is 45 days; length of stay is determined on a case-by-case basis.

Website: www.familyplace.org

THE FRIENDSHIP HOUSE
3733 N Josey Ln, Carrollton, TX 75006
T. 972.512.3838
F. 1.855.512.3700

Services Offered: Food

Hours: Tues 1:00-4:00 pm, Wed 9:00-11:30 am & 1:00-4:00 pm, Thurs 9:00-11:30 am

Eligibility Requirements: None

Clients Must Bring: No requirements

Application Process: call for appointment the following week

Limits: All clients can receive food once every 30 days

Website: www.firstfields.org
Email: info@firstfields.org

GENESIS WOMEN’S SHELTER
Mailing: 4411 Lemmon Ave, Ste. 201, Dallas, TX 75219
T. 214.946.4357 (24 hour hotline & text line)
F: 214.559.2361

Services Offered: Emergency shelter; Transitional housing; Safety planning, Domestic violence education; Crisis intervention; Counseling, Advocacy, Family Law Services, Parenting classes; Play therapy; Shelter aftercare support services.

Hours: Hotline and Shelter available 24 hours a day/7 days a week

Eligibility Requirements: Clients seeking services at either the Residential or Non-Residential locations must be women (with or without children) who have been affected by intimate partner violence, which can include physical, emotional, verbal, financial, spiritual, virtual, sexual abuse, etc.

Clients Must Bring: Documentation is not required
Application Process: Women seeking emergency shelter need to call the 24 hotline to complete a screening. The screenings procedure is performed by phone and typically take 30 minutes. If women seeking non-residential services, please call 214-389-7700 for an appointment.

Limits: Clients may stay at the shelter up to 8 weeks; transitional housing up to 12 months

Website: www.genesisshelter.org

GOOD SAMARITANS OF GARLAND
214 N. 12th St., Garland, TX 75040 T. 972.276.2263

Services Offered: Food

Hours: Mon – Fri 9:00 am – 3:30 pm (closed noon-1:00 pm).

Eligibility Requirements: Residents of Garland, Rowlett, Sachse, GISD

Clients Must Bring: No requirements

Application Process: For food, call Friday morning for appointment the following week.

Limits: All clients can receive food once every 30 days

Website: www.goodsamofgarland.org

Email: vicki.tumulty@goodsamofgarland.org

GOOD SHEPHERD LUTHERAN CHURCH FOOD PANTRY
2620 W. Grauwyler Rd., Irving, TX 75061 T. 972.790.2121

Services Offered: Food

Hours: Sat 9:30 am – 12:30 pm

Eligibility Requirements: Clients must be Irving residents

Clients Must Bring: Proof of Irving address; ID for all household members

Application Process: Walk-in

Limits: Clients may receive food up to three times with at least a month between each visit

Website: www.gslcirving.com

GRACE PLACE CHURCH OF CHRIST – FOOD PANTRY
520 Big Stone Gap Rd, Duncanville, TX 75137 T. 972.298.4656 F. 972.298.4829

Services Offered: Food

Hours: Tues 3:00 pm – 5:00 pm, Wed 5:00-7:00 pm

Eligibility: none

Clients Must Bring: Picture ID

Application Process: Walk-in

Limits: Once in 30 days (drop in or long term)

Website: www.ourgraceplace.org

GRAND PRAIRIE FOOD & CLOTHING CO-OP
118 NE 4th St, Grand Prairie, TX 75050 T. 972.264.8540

Services Offered: Food & clothing

Hours: Tues-Fri 9:00-11:30 am

Eligibility: Must be resident of Grand Prairie

Clients Must Bring: Picture ID, proof of residency

Application Process: Walk-in

Website: www.grandprairiechamber.org
GRAND PRAIRIE UNITED CHARITIES
1417 Densman St., Grand Prairie, TX 75051
T. 972.262.2014
F. 972.262.4994

Services Offered: Food Pantry, Rent/Mortgage/Shelter, Utility Assistance (electric, gas, water)
Hours: Mon – Thurs 9:00 am – 1:00 pm (closed Fridays)
Eligibility Requirements: must be Grand Prairie resident
Clients Must Bring: Picture ID for food. See website for required rental assistance
Application Process: Walk-ins. No appointment needed
Limits:
☐ Clients may receive food once every 30 days
☐ Clients may receive financial assistance once every 12 months
Website: www.gpuc.org

HARMONY COMMUNITY DEVELOPMENT CORP.
6969 Pastor Bailey Dr. Suite 300, Dallas, TX 75237
T. 214.467-6770

Services Offered: Food, rent, jobs
Hours: Food: Mon 2:00–6:00pm, Tues 4:00-6:30pm, Thurs 10:00am–2:00pm
Eligibility Requirements: None
Application Process: Walk-ins. No appointment needed
Website: www.harmonycdc.org

HAVEN CHURCH OF THE NAZARENE FOOD PANTRY
1513 S Beltline Rd, Grand Prairie, TX 75051
T. 972.262.7192

Services Offered: Food Pantry
Hours: Sat 9:00 am – 12:00 pm
Eligibility Requirements: must be Grand Prairie resident
Clients Must Bring: Picture ID
Website: www.thehavengp.org

HHM HEALTH (formerly Healing Hands Ministries)
8515 Greenville Ave. Ste. N-108 Dallas, TX 75243
5750 Pineland Dr. Suites #150, 240, 260 Dallas, TX 75243
T. 214.221.0855
F. 214.221.1437

Mailing: P.O. Box 741524 Dallas, TX 75374

Services Offered: Comprehensive Medical and Dental and counseling services including family practice, pediatric care, well-woman care, diabetes management and education, laboratory services, and mental health services. See website for complete list of up-to-date services. Medicare and Medicaid accepted.
Hours: Greenville location-Mon – Fri 7:00am – 6:00pm, Pineland location-Mon-Fri 8:00am-5:00pm
Eligibility Requirements: None
Clients Must Bring: Photo ID from any country, must not be expired more than 10 years, proof of insurance if any, 3-4 recent pay stubs of everyone in household plus any other income such as food stamps or child support, certified disability letter or section 8 housing documentation, or food stamp letter, completed enrollment forms (available on website or at the clinic)
Application Process: Must go through enrollment process and make an appointment to be seen.
Limits: No limits
Website: www.hhmhealth.org

HOLY CROSS CATHOLIC CHURCH SPECIAL FUND
4906 Bonnie View, Dallas, TX 75241
T. 214.375.3715
F. 214.375.2511

Services Offered: Food
Hours: Mon, Tues, Thurs. 10:00 am – 1:00 pm
Eligibility Requirements: 75216, 75241; homeless clients are served
Clients Must Bring: Picture ID with zip code, proof of income (including benefits); proof of address (utility bill, lease agreement, etc.), social security cards for all in household
Application Process: Walk-ins for homeless clients; clients in zip codes must make appointment
Limits: Clients may receive food 6 times a year

HOLY TRINITY CENTER
3826 Gilbert Ave., Dallas, TX 75219
T. 214.521.3719
F. 214.521.3724

Services Offered: Food; referrals
Hours: Tue and Thu 9:00 am – 12:00 pm; Sat 10:00 am – 12:00 pm
Eligibility Requirements: 75201, 75204, 75205, 75209, 75219, 75223, 75226, 75235, 75246
Clients Must Bring: Photo ID; BCs for all children; proof of income; original utility bills; current lease
Limits:
☐ Clients may receive food assistance once a month
☐ Seniors or disabled persons may receive food assistance every 2 weeks

HOMELSS VETERANS SERVICES OF DALLAS
4900 S. Lancaster, Dallas, TX 75216
T: 214.372.8822

Services Offered: day center services, benefit assessment, housing assistance, training | education, peer support, suicide prevention
Hours: Mon-Fri 8:00 am- 2:00 pm
Application: Call for appointment or walk-in
Eligibility: Must be a veteran
Clients Must Bring: Veteran ID
Website: http://hvsd.org/

HOMEWARD BOUND
2535 Lone Star Dr., Dallas, TX 75212
T: 214.941.3500

Services Offered: Residential treatment center for substance use disorder and mental health
Hours: Mon-Fri 8:00 am-4:00 pm
Eligibility: 18 years and older
Application Process: Walk-ins accepted
HOPE’S DOOR NEW BEGINNING CENTER
218 N. 10th St., Garland, TX 75040

Services Offered: Shelter for abused women and their children; counseling for victims and batterers

Hours: Hotline and shelter: 24 hours every day of the week; Counseling for victims: Mon – Thu 8:00 am – 5:00 pm; Counseling for batterers: Mon – Fri. 8:00 am – 5:00 pm.

Eligibility Requirements: Client must be an abused woman

Application Process: Client should call hotline

Limits: Clients may stay at the shelter for up to 30 days; rental assistance for transitional housing available for up to 24 months

Website: www.hopesdoorinc.org

HOUSING CRISIS CENTER
P.O. Box 141177, 4210 Junius St, Dallas, TX 75214

Services Offered: Homeless Assistance - Short and long-term housing programs and support services for all of the various homeless populations transitioning from homeless and domestic violence shelters within the Homeless Collaborative of Dallas & Collin Counties. By referral ONLY. Homelessness Prevention - Free, advice-only landlord/tenant legal workshops; rent/mortgage assistance; utility assistance. Call or email for additional program and or service information. Telephone counseling for tenant/landlord issues.

Hours: Mon – Fri 9:00 am – 5:00 pm; Landlord/tenant legal workshops on 2nd and 4th Wed, 6 - 8 pm; or

Application Process: Rental and utility assistance by appointment only. Housing program walk-ins are prohibited and during the pandemic, no walk-ins for prevention services are being accepted.

Language Options: Spanish translator may be available upon request, but not guaranteed.

Limits:
- Number of rent or utility payment(s) decided on an individual basis and funding availability
- No limits for telephone counseling or legal workshop

Requirements: For financial assistance for rent and utilities: Applicants must have a proven financial emergency; have income to pay their bills in the month(s) following; Current Picture ID & Social Security cards for all family members; Proof of income from employment or award letter; apartment/housing lease; utility bill and disconnect notice for utility assistance. Applicants may also receive short term case management.

Website: www.hccdallas.org
Email: info@hccdallas.org or hcclegal@hccdallas.org.

HUMAN RIGHTS INITIATIVE OF NORTH TEXAS
2801 Swiss Ave, Dallas, TX 75204

Services Offered: Free legal services for immigrants who have been victims of violence in US or abroad; assistance in asylum cases; help for immigrant children who have been abused or neglected

Hours: Mon – Fri 9:00 am – 12:00 pm, 1:00 pm – 5:00 pm

Application Process: Call to make appointment

Website: www.hrionline.org
IN MY SHOES
Mailing address: P. O. Box 227301, Dallas, TX 75222

Services Offered: houses homeless pregnant and parenting women from before the birth of their children to nine months after delivery.

Hours: Call at 9:00 am on Monday to schedule an intake

Eligibility: Must be 18 yrs or older; must be pregnant; not domestic violence

Application Process: Call to make appointment

Website: www.liveinmyshoes.org

INTERFAITH FAMILY SERVICES
5600 Ross Ave, Dallas, TX 75206

Services Offered: Transitional housing, rent, utilities, child care. program for working poor families who are homeless and willing to work toward long-term self-sufficiency. Services include: housing, job search and career planning, vocational training and GED assistance, financial literacy training and budget mentoring; after school and summer camp that provide tutoring for children grades K-6; teen program for grades 7-12; counseling for all ages.

Hours: Mon – Fri 9:00 am – 5:00 pm

Home & Hope Eligibility Requirements:

Application Process: Applicants complete initial screening for eligibility. Eligible applicants only are scheduled for application completion and in-office interview.

Program Length: Program duration varies. Average length of stay is 7-12 months.

Website: www.interfaithdallas.org

Email: scoordinator@interfaithdallas.org

IRVING CARES
440 South Nursery Rd. Ste 101, Irving, TX 75060

Services Offered: Food pantry; limited rent and utilities assistance; employment services

Hours: Monday, Tuesday and Friday – 9 am to noon (or first 20 families); Monday, Tuesday, Thursday, Friday – 1 pm to 3:30 pm (or first 20 families) ; Job Search Seminar every Wed 10:00 am - 12:00 pm

Eligibility Requirements: Client must be Irving resident; for financial assistance, client must have lived in Irving for 6 months and in specific location for 3 months; client needs to have earned income (can be Social Security, worker’s comp, etc)

Clients Must Bring: Picture ID for all in household For 19 years and older proof of Irving residency; SS card not required. For 18 years or younger need one of the following: birth certificate, immunization records, school records, or insurance card with child’s name on it.

Application Process: Walk-in for food; telephone screening required financial assistance

Limits: Clients may receive food 9 times from 4/1 to 4/1

Website: irvingcares.org

Email: icares@irvingcares.org
JAN PRUITT COMMUNITY PANTRY
123 Alexander Ave., Lancaster, TX 75146 T. 972.246.6027

Services Offered: Food pantry
   Hours: Tues- Sat 9:00 am-1:00 pm; Fri 1:00-4:30 pm
   Eligibility: No requirements
   Application: Walk in
   Website: www.ccdallas.org

JEWSH FAMILY SERVICES OF GREATER DALLAS
5402 Arapaho Rd., Dallas, TX 75248 T. 972.437.9950
   F. 972.437.1988

Services Offered: Food; job counseling services including: Job Resource Center, Networking Group,
   Employment Resource Group, career workshops
   Hours: Mon-Wed 8:30am-7:00 pm, Thurs 8:30 am-6:00pm, Fri 8:30 am-5:00 pm
   Eligibility Requirements: Must live in 75209, 75220, 75225, 75229, 75230, 75231, 75234, 75238,
   75240, 75243, 75244, 75248, 75252, 75254, 75287, 75001, 75006, 75010, 75011, 75042,
   75080, 75081
   Clients Must Bring: Picture ID and SS cards for self and all in household; lease agreement; utility bill;
   proof of income
   Application Process: Appointments required
   Language Options: Spanish speakers available
   Limits: Clients may receive food once a month
   Website: www.jfsdallas.org

JONATHAN’S PLACE
6065 Duck Creek Dr., Garland, TX 75043 T: 972-303-5303
   F: 972-303-5346
   Text ‘Safe’ & current location to 4HELP

Services: temporary residential care and specialized services to children who have been abandoned or removed
   from their homes.
   Hours: Mon-Fri 9:00 am-5:00 pm
   Eligibility: Newborns-18-year old. Transitional living program for young women out of foster care
   17-23.
   Website: www.jpkids.org

LEGAL AID OF NORTHWEST TEXAS
1515 Main St, Dallas, TX 75201 T. 214.748.1234
   Hotline: 888.529.35277
   (Central office; call for offices located in other Dallas areas)

Services: Offers variety of free civil legal services/clinics.
   Hours: Mon-Fri, 9:00 am-4:00 pm. No walk-ins. Appointments only arranged by phone or online at
   this time.
   Website: www.internet.lanwt.org
**LIFELINE FOR FAMILIES**
2341 South Belt Line Rd, Grand Prairie, TX 75051

**Services:** provides three months of apartment rent for homeless or near homeless families that have been referred to us by GPISD Connections Program.

- **Hours:** Mon-Fri 9:00 am-5:00 pm
- **Eligibility:** Must be Grand Prairie resident with child(ren) enrolled in GP schools.
- **Website:** lifelineforfamilies.org

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**LIFE MESSAGE**

4501 Rowlett Rd, Rowlett, TX 75088

**Services Offered:** Food

- **Hours:** Mon, Wed, Fri 12:00-4:00 pm; Thurs 11:00 am-1:00 pm for Seniors over 60 only
- **Eligibility:** Open to anyone. Bring Photo ID.
- **Website:** www.lifemessage.org

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**THE MAGDALEN HOUSE**

4513 Gaston Ave., Dallas, TX 75216

**Services Offered:** A 14-day non-medical detox program that provides women addicted to alcohol a safe place to withdraw and introduces them to a 12-step recovery program.

- **Hours:** Mon - Sun 9:00 am – 7:00 pm for admissions, Mon – Sun 9:00 am – 7:00 pm for screenings
- **Eligibility Requirements:** Client must be a woman who desires to be sober; client must have consumed alcohol within past 72 hours; Magdalen House serves all women from all states.
- **Clients Must Bring:** 3-4 outfits; no alcohol products
- **Application Process:** Client must call first for intake screening process; no walk-ins taken
- **Website:** www.magdalenhouse.org
- **Email:** info@magdalenhouse.org

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**MARTIN LUTHER KING, JR. COMMUNITY CENTER**

2922 MLK Jr. Blvd., Dallas, TX 75215

**Services Offered:** Food; rent and utilities assistance; counseling and referral services; educational programs (computer technology program, GED); Thanksgiving baskets; Christmas toys

- **Hours:** For appointments, call Monday-Friday 9:00 am-2:00 pm
- **Eligibility Requirements:** Clients must live in the City of Dallas for rent assistance
- **Clients Must Bring:** Current Texas ID for self and all adults in household; SS cards for all in household; proof of income; bill for which assistance is needed; proof of emergency need (eviction or termination notice); lease agreement; receipts for other expenses
- **Application Process:** Client to call in advance to make appointment
- **Limits:** Must live in the City of Dallas for rental assistance

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MEALS ON WHEELS (VISITING NURSES ASSOCIATION)
1440 W. Mockingbird, Dallas, TX 75247
T. 214.689.2639
F: 214.631.7554

Services Offered: provides hot, nutritious, freshly prepared meals five days a week delivered to Dallas County residents who can’t provide for themselves due to illness, advanced age or disability
  Eligibility Requirements: be over the age of 60 or disabled; be unable to drive or leave your home without assistance; limited financial resources; live in Dallas County
  Application Process: Complete application by phone
  Website: www.vnatexas.org.
  Email: getmeals@vnatexas.org

MEN OF NEHEMIAH
2010 Al Lipscomb Way, Dallas, TX 75215
T: 214.421.6705

Services Offered: Residential accommodations for homeless and previously incarcerated men.
  Hours: Mon-Fri 8:00 am-5:30 pm
  Eligibility Requirements: Must be a male over 18 years of age
  Application Process: Call for appointment
  Website: www.menofnehemiah.org

MESQUITE CHURCH OF CHRIST FOOD PANTRY
400 W Davis, Mesquite, TX 75149
T. 972.288.7637

Services Offered: Food
  Hours: Tue, Wed, Thu 10:00 am -2:00 pm
  Eligibility Requirements: None
  Clients Must Bring: Provide name and address; number of family members
  Application Process: Call first
  Limits: Clients may return for food once a week or as needed

METROCARE SERVICES
1345 River Bend Dr., Ste. 200, Dallas, TX 75247
(call for other locations)
T. 214.743.1200
Toll Free: 1.877.283.2121
24-hr Hotline: 214-743-1215
F. 214.630.3469

Services Offered: Metrocare provides services and support for children and adults dealing with mental illness and/or developmental disabilities. Early childhood intervention; transitional and permanent housing; hospital transition services; service coordination; vocational training; supported employment; psychiatric evaluation; behavioral interventions; treatment for foster care, family preservation, autism services, medication monitoring; onsite pharmacy services; PTSD Veteran services & support for veteran families, rehabilitation services; housing services and assistance; intensive outpatient services
  Hours: Mon – Fri 8:00 am – 5:00 pm
  Eligibility Requirements: Client must live in Dallas, Collin, Ellis, Hunt, Kaufman, Navarro, or Rockwall Counties
Clients Must Bring: Photo ID; proof of residence, proof of income, SS card, insurance if applicable
Application Process: Call for appointment. Walk-ins also accepted.
Website: www.metrocaresservices.org

METROCREST SERVICES
13801 Hutton Dr., Suite 150, Farmers Branch, TX 75234
T. 972.446.2100
F. 214.694.2171

Services Offered: Short term emergency assistance includes: rent, utilities, some medical assistance; employment program, thrift store, food pantry, and food stamp sign-up
Hours: Office: Mon – Fri 8:30am – 5:00pm; pantry Mon-Fri 8:30am-2:00 pm, Sat. 9:00am-Noon
Eligibility Requirements: Residents of Carrollton, Farmers Branch, Addison, Coppell, 75287 in Denton County
Clients Must Bring: Picture ID or Birth Certificate for all in household, proof of address (lease, hotel room receipt or mortgage), current utility bill/insurance and proof of income
Application Process: Appointments preferred; walk-ins taken (call to confirm priority and need)
Website: www.metrocrestservices.org

THE M.I.N.T. FOUNDATION
1604 Falcon Dr, DeSoto, TX 75115
T. 972.224.7200

Services Offered: Food, rent & utilities
Hours: Food Tues-Thurs 10:00 am-1:00 pm. Office 9:00 am-5:00 pm
Eligibility: Open to all residents of Dallas County. Bring photo ID
Website: www.mintcares.org

MISSION OAK CLIFF
111 S. Beckley, Dallas, TX 75208
T. 214.942.6407
F. 214.942.8606

Services Offered: Client-choice food pantry; clothing; counseling
Hours: Pantry: Monday- Friday, 1:00- 3:00 pm; clothing: Thursday, 12:00- 1:00 pm; Homeless Welcome Center: Thursday 12:00-1:00 pm
Eligibility Requirements: Must be resident of one of the following zip codes: 75203, 75208, 75211, 75216, 75224
Clients Must Bring: ID for adults (picture ID preferred), documentation for children (SS, BC, school ID, shot record, Medicaid card, report card, baptismal certificate all acceptable), proof of address
Application Process: Walk-in
Limits: once per month for a total of 6 times in a calendar year. Extra service times can be earned by completing classes
Website: clifftemple.org

MOSAIC FAMILY SERVICES
12225 Greenville Ave., Suite 800, Dallas, TX 75243
T. 214.821.5393
24-hr Hotlines:
Domestic Violence: 214.823.4434
Human Trafficking: 214.823.1911
Shelter: 214.823.4434
F. 214.821.0810
Services Offered: Shelter, legal representation, counseling, education & support services in more than 25 languages; 24-hour hotlines for domestic violence & human trafficking victims
Hours: Shelter: 24/7; Office: Mon – Fri 9:00 am – 5:00 pm; Weekends as needed
Eligibility Requirements: Youth substance abuse prevention program clients must live in Dallas County; All others must be victim of domestic violence or human trafficking
Application Process: Call for appointment
Website: www.mosaicservices.org
Email: sumayyahc@mosaicservices.org

MT. OLIVE LUTHERAN CHURCH FOOD PANTRY
3100 MLK Boulevard, Dallas, TX 75215
T. 214.428.2892
F. 214.428.2892

Services Offered: Food; snack packs for homeless
Hours: Wednesdays, 11:00 am – 2:00 pm
Eligibility Requirements: 75210, 75215
Clients Must Bring: Valid ID; proof of address; proof of income; (no credentials are needed for the homeless); SS cards for everyone in the household needing assistance
Application Process: Must call for appointment
Limits: Clients may receive food once a month for 3 months and then must stop services for 3 months before being eligible for 3 more months of service

MT. TABOR BAPTIST CHURCH
3700 Simpson Stuart Rd, Dallas, TX 75241
T. 972.225.1704
F. 972.225.4811

Services Offered: Food; clothes
Hours: Food Pantry Wed 9:00 am – 11:00 pm; Clothes Closet: 3rd Saturday of each month, 10:00 am – 2:00 pm
Eligibility Requirements: None
Application Process: Walk-in for food and clothes
Website: www.mttaborbc.org

MY SECOND CHANCE
3832 S. Lancaster Rd 75216
T: 214.374.1104

Services Offered: support services for recovery from addiction for women and men 18 and above
Hours: Mon-Fri 8:00 am-4:00 pm
Eligibility Requirements: None other than victim as listed above
Application Process: Call to for appointment

NEW FRIENDS NEW LIFE
Mailing Address: P. O. Box 192378, Dallas, TX 75219
T: 214.965.0935
National Hotline T: 1.888.373.7888 or text BeFree 233
F: 214.965.9561
**Services Offered:** provides access to education, job training, interim financial assistance, mental health and spiritual support, New Friends New Life helps women and their children overcome backgrounds of abuse, addiction, poverty and limited opportunities.

- **Hours:** Mon-Thurs 9:00 am-5:00 pm, 9:00 am-3:00pm
- **Eligibility Requirements:** None other than victim as listed above
- **Application Process:** Call to for appointment
- **Website:** www.newfriendsnewlife.org

**NETWORK OF COMMUNITY MINISTRIES (RICHARDSON NETWORK)**

1500 International Parkway, Richardson, TX 75081

| T. 972.234.8880 | F. 972.234.8892 |

**Services Offered:** Food; clothes; utilities assistance; adolescents’/children’s referrals; prescriptions; dental referrals; senior citizen aid; job resource center; apply for health & human services onsite

- **Hours:** General Hours: Mon – Thu 8:00 am – 4:00 pm, Fri 9:00 am – 3:00 pm; Adolescents’ and Children’s Clinic: Wed 6:00 pm – 8:00 pm during the school year (must make appt. through school counselor)
- **Eligibility Requirements:** 75042, 75044, 75080, 75081, 75082, 75083, 75231, 75238, 75240, 75243, 75248, 75251, 75252, 75254
- **Clients Must Bring:** Appointment phone call will clarify necessary documentation; usually picture ID and SS cards for self and for all in household; proof of address
- **Application Process:** Appointment required
- **Limits:** No set limits for assistance; each case taken on an individual basis
- **Website:** www.thenetwork.org

**NEXUS RECOVERY CENTER**

8733 La Prada Drive, Dallas, TX 75228

| T. 214.321.0156 | F. 214.321.3096 |

**Services Offered:** Nexus serves low-income women age 13 and older who are addicted to drugs and alcohol, along with their accompanying children. Clients served come from Dallas, Collin, Ellis, Kaufman, Rockwall, Ellis, Hunt, and Navarro counties. Please call for more information on their programs.

- **Hours:** Admissions hours are Mon – Fri 8:00 am – 4:00 pm
- **Eligibility Requirements:** Most insurance plans are accepted and many clients are eligible for government support such as NorthSTAR and Medicaid; will accept pregnant women and women with children outside of areas serviced
- **Clients Must Bring:** Clients should call for appointment and be told what to bring; items usually consist of: picture ID (if available); proof of residency (required by NorthSTAR and DSHS); SS card (if available); proof of income (required by NorthSTAR and DSHS if client is employed)
- **Application Process:** Clients should call 214.321.0156, ext. 3118 to make an appointment
- **Language Options:** Spanish speakers available
- **Limits:** Clients may return to Nexus after initial treatment; eligibility is on a case-by-case basis
- **Website:** www.nexusrecovery.org
- **Email:** help@nexusrecovery.org
**NORTH DALLAS SHARED MINISTRIES**
2875 Merrell Rd., Dallas, TX 75230

**Services**
6960 OUR CALLING
2875 N. Polk St., Dallas, TX 75230

**Services Offered:** Services Offered: Services Offered: Food; clothes; financial assistance for rent and utilities (electric, gas and water); bus tokens; eye exams and glasses; school supplies and school uniforms; Friday Food Basket Program for seniors 60+; People and Nutrition (PAN) site; medical care for adults and children without insurance; dental care for adults and children; income tax preparation; mental health counseling.

Zip Codes Served: 75001, 75115, 75116, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75287 and the homeless

Food, school supplies and uniforms and tax preparation assistance programs are not zip code restricted.

**Food Distribution:** Monday-Thursday 8:30 am – 12:00 noon

**Friday Food Basket Program for Seniors 60+** Friday 8:00 am – 12:00 noon

**Financial Assistance** – on line application only – see www.ndsm.org for English or Spanish application

**Clothes Closet** – See www.ndsm.org for hours of operation

**Medical Care** – Monday-Friday 7:00 am – 7:00 pm walk-in or by appointment 214-235-8705

**Dental Care** – Monday-Friday 8:30 am – 5:00 pm by appointment 214-358-8729

**Mental Health Counseling** - by appointment 214-258-8705-must be referred through the Medical Clinic

**Vision Care** – on-line application – English or Spanish – www.ndsm.org

**Tax Preparation Assistance** – see www.ndsm.org for dates and hours of operation

**School Supplies and Uniforms** – on-line application only – see www.ndsm.org for dates

**Website:** www.ndsm.org

**Email:** admin@ndsm.org

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**OURCALLING**
1702 S Cesar Chavez Blvd, Dallas, TX 75215

**Services Offered:** food, clothes, showers

**Hours:** Mon-Fri 9:00 am-5:00 pm, Sat 9:00 am-1:00 pm

**Eligibility:** Must be homeless

**Website:** www.ourcalling.org

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**OUR DAILY BREAD** (Community Outreach Connection, Inc.)
6960 S. Polk St. Dallas, TX 75232

**Services Offered:** Food; clothes

**Hours:** Sat 9:00 am – 12:45 pm (clients must arrive 15 minutes before closing to receive service)

**Eligibility Requirements:** 75216, 75224, 75232, 75237, 75241

**Clients Must Bring:** TX ID or driver’s license for adults; Green Card (if necessary); proof of address, proof of income, for children BC, Medicaid, and/or school records

**Application Process:** Walk-in

**Language Options:** No Spanish speakers available; translation assistance can be provided

**Limits:** Clients eligible to receive food and clothes once every 30 days
**Services Offered:** Transitional Living Center (TLC) for young women ages 18-24 who are not yet pregnant or parenting; must be willing to obtain a job and continue education; each have their own bedroom in a shared apt. living situation; receive ongoing case management: life & job skills training, employment assistance, assistance in enrolling in education or vocational program; each young woman pays affordable rent based on working part-time or full-time and 10% for a deposit/savings account; young women are responsible for their own food, clothing, and personal care items; may remain as long as they are meeting program expectations, progressing in education, and are employed.

**Hours:** Office: Mon – Fri 9:00 am – 5:00 pm  
**Eligibility Requirements:** Young women ages 18-24; must be able to be legally employable in US and willing and able to enroll in an education or vocational program; must be able to pass a drug test and not be pregnant or parenting.  
**Clients Must Bring:** Must bring or obtain shortly after entering - picture ID, SS card, birth certificate  
**Application Process:** No walk-ins; call in to complete phone application, followed by face-to-face assessment scheduled at office  
**Website:** www.OurFriendsPlace.org  
**Email:** info@OurFriendsPlace.org

**PILGRIM REST BAPTIST CHURCH CRISIS MINISTRY**  
1819 N Washington, Dallas, TX 75204  
**T:** 214.823.7308  
**F:** 214.823.9720

**Services Offered:** Food, Rent, Utility assistance  
**Hours:** Mon – Thu: 11:00 am – 4:00 pm  
**Eligibility Requirements:** Income Crisis  
**Clients Must Bring:** Picture ID; Income Verification, Late Payment Notice  
**Application Process:** Appointment only

**PROMISE HOUSE**  
224 W. Page, Dallas, TX 75208  
**T:** 214.941.8578  
**F:** 214.941.8670

**Services Offered (youth shelter):** 24-hour emergency/crisis intervention; on site DISD school for youth; therapeutic groups; psychiatric services; recreational programs, case management and positive incentive’ transitional living; Wesley Inn maternity shelter  
**Hours:** Shelter Hours: 24 hours a day/7 days a week, intake between the hours of 8:00 am and 5:30 pm; Office Hours: Mon – Fri 8:30 am – 5:30 pm  
**Eligibility Requirements:** For youth shelter, need to be 10 – 17 years old; runaway/homeless/serious family conflict; voluntary entrance with parental consent; unless in CPS custody, legal guardian must participate  
**Application Process:** Walk-in basis for shelter  
**Limits:** Clients may stay in shelter for up to 30 days; if suicide attempt in last 30 days and serious violence problems, client will be referred for psychiatric evaluation; Transitional Living for single males and females ages 18 – 21 with no probation. Transitional Living for parents with children also available.  
**Website:** www.promisehouse.org
**Services Offered**: Hot meals; food pantry; insurance assistance; dental; blood work; drug trials; education.

- **Hours**: Mon – Fri 9:00 am – 6:00 pm

- **Eligibility Requirements**: Clients must be HIV positive to qualify for assistance.

- **Clients Must Bring**: Proof that HIV positive; proof of address; proof of income; referral documents from caseworker.

- **Renewing Clients Must Bring**: Photo ID; current proof of address; current proof of income.

- **Application Process**: Appointment Only: Mon – Fri 9:00 am – 4:00 pm.

- **Website**: www.myresourcecenter.org

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**SALVATION ARMY—CARR P. COLLINS SOCIAL SERVICE CENTER**

5302 Harry Hines Blvd., Dallas, TX 75235

- **Mailing**: PO Box 35928, Dallas, TX 75235-0928

- **T.**: 214.424.7050
- **F.**: 214.688.5234

- **Services Offered**: Food; clothes; summer heat relief; men’s and women’s shelter; substance abuse programs; life-skills classes; veteran’s programs. No utility assistance at this location.

- **Hours**: Shelter: open 24 hours a day, 7 days a week; Shelter Intake hours: Daily on a first come basis beginning at 8:00 am; Social Service office hours: Mon – Fri 8:00 am – 4:30 pm; Food Pantry hours: Mon – Fri 8:30-10:00 (or until all slots are filled)

- **Clients Must Bring**: Picture ID for all household members; proof of all household income; proof of address (mortgage or lease agreement only)

- **Eligibility Requirements**: Clothing is only given to victims of domestic violence, fire, flood, or individuals who have been released from incarceration within the last 30 days. Services all of Dallas County excluding Garland and Irving residents (see Garland Salvation Army and Irving Salvation Army for assistance). Substance Abuse Program accepts court ordered referrals only

- **Application Process**: Walk-in for food; call for financial assistance appointment

- **Limits**:
  - Clients may receive food once weekly
  - Clients may receive financial assistance once every 12 months
  - Call for information regarding shelter limitations

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**SALVATION ARMY—GARLAND**

451 W. Ave. D, Garland, TX 75040

- **T.**: 972.272.4531
- **F.**: 972.276.2766

- **Services Offered**: Food; rent and utilities assistance; Angel Tree at Christmas

- **Hours**: Food Mon 10:30, Tues-Fri 9-11:30, 1:30-3:00; rent & utilities call for appointment

- **Eligibility Requirements**:
  - Garland resident to receive food or be in zip codes 75040, 75041, 75042, 75043, 75044, 75046, 75047, 75048, 75049, 75088, 75089
  - Client must be a resident of the City of Garland or Rowlett for rent. Some services are available to zip codes listed above.

- **Clients Must Bring**: Picture ID and SS cards for self and all in household; proof of income; copy of electric bill; lease

Limits:
- Clients may receive food once a week
- Clients may receive financial assistance every 12 months
- Utility assistance for TXU & Garland Power & Light only
- Cooling shelter available during triple digit temperatures

SALVATION ARMY—IRVING
250 E. Grauwyler Rd., Irving, TX 75061

Services Offered: Food and rent.

Hours: Food- Mon – Thurs 9:00-11:00 am; Emergency financial by appointment

Eligibility Requirements: None

Application Process: Walk in for food. Rental assistance by appointment

Limits:
- Clients may receive food once weekly
- Clients may receive financial assistance once a year

SALVATION ARMY PLEASANT GROVE
8341 Elam Rd., Dallas, TX 75217

Services Offered: Food

Hours : Wed 1 :00 pm – 2 :00 pm

Eligibility Requirements: None

Clients Must Bring: Valid picture ID

Application Process: Walk-in

Limits: Clients may receive food every week

SALVATION ARMY OAK CLIFF
1617 West Jefferson Blvd, Dallas, TX 75208

Services Offered: Food; senior program; after school program; summer day camp

Hours : Tues & Thurs 9:00-11 :45 am and 1 :00-1 :30 pm

Eligibility Requirements: Walk-in

Clients Must Bring: Valid picture ID

Application Process: Walk-in to fill out application

Limits: Clients may receive food weekly

SENIOR SOURCE
3910 Harry Hines Blvd., Dallas, TX 75219

Services Offered: Utility financial assistance (TXU, Ambient, Garland Power & Light, Atmos only)

Hours: Mon-Fri 8:00-5:00
Eligibility Requirements: Must be over 60 years of age.
Application Process: Contact the Elder Financial Center to complete an intake.
Clients Must Bring: Photo ID and proof of income
Website: www.theseniorsource.org

SHARED HOUSING CENTER
402 N. Good Latimer, Dallas, TX 75204

T. 214.821.8510
F. 214.828.1499

Services Offered: Transitional housing for older adults and homeless single parent families; Homeshare program; counseling

Hours: Office Hours: Mon – Thu 9:00 am – 5:00 pm; Applications: Mon – Thu 9:00 am – 4:00 pm

Eligibility Requirements: Homeshare program for those over 21; for transitional housing: women must be at least 21, no felonies, no pregnant women, single parent families can have no more than 3 children, and children cannot be older than 10; serves all of Dallas County

Clients Must Bring: Clients should call to be told what to bring (generally bring photo ID and social security number)

Application Process: Application online or call for information

Limits: Individuals/families can stay in transitional housing program for one year

Website: www.sharedhousing.org

Email: info@sharedhousing.org

SHARING LIFE COMMUNITY OUTREACH
3544 E. Emporium Circle, Mesquite, TX 75150

T. 972.285.5819
F. 972.285.0329

Services Offered: Food; rental; clothes; utilities (Atmos Gas, TXU, Ambient & TriEagle only), medical aid supplies; Outreach programs: school supplies, education and health fairs, Thanksgiving Basket Distribution, Holiday Fair; senior commodity distribution

Hours: Mon-Fri 9:00 am – 5:00 pm; additional food drive-through Tues & Thurs. 5:00-7:00 pm

Eligibility Requirements: 75043, 75126, 75149, 75150, 75159, 75180, 75181, 75182, 75217, 75218, 75227, 75228, 75253

Clients Must Bring: Picture ID; proof of address; proof of income

Limits:
☐ Clients may receive food every other week
☐ Other services are usually determined on case-by-case basis

Website: www.sharinglifeoutreach.org

SOUL FOR CHRIST MINISTRY
2402 S Beckley, Dallas, TX 75224

T. 214.641.4577

Services Offered: Food pantry

Hours: Wed, 12:00 pm

Eligibility: Open to everyone

Website: www.soulforchristministry.org
SOUL’S HARBOR
13134 Nile Dr, Dallas, TX 75253
T. 972.286.1940
F. 972.286.5282

Services Offered: recovery home where men can learn tools to fight their addiction issues, or life affecting issues and live in a clean, sober and functional environment each day.

Hours: 7:30 am-5:30 pm
Eligibility Requirements: None
Application Process: Call for appointment
Website: www.soulsharbordallas.org
Email: contact@soulsharbordallas.org

ST. PATRICK CATHOLIC CHURCH
9643 Ferndale Rd, Dallas, TX 75238
T. 214.221.8882

Services Offered: Food, rent & utilities

Hours: Food Mon -Fri 9:30 am- 12:00 pm
Eligibility Requirements: None for food. Zip code requirement for rental & utilities 75238
Clients Must Bring: Valid picture ID
Application Process: Call for appointment
Website: www.stpatrickdallas.org

ST. VINCENT DE PAUL
3052 W Northwest Hwy, Dallas, TX 75220
T. 469.607.0909

Services Offered: Food, clothing, prescriptions, pharmacy, low-interest loans, rental, utility

Hours: Mon- Fri 9:00 am-4:00 pm
Application Process: Call for appointment
Website: svdpdallas.org
Email: helpme@svdpdallas.org

THE STEWPOT OF FIRST PRESBYTERIAN CHURCH
1822 Young St., Dallas, TX 75201
T. 214.746.2785
F. 214.746.2791

Services Offered: Casework assistance; peer monitoring; clothing; mail services; identification cards; assistance with state identification, birth certificates and other vital records; dental clinic; AA/NA Meetings weekdays 10:30 am; personal grooming needs; eye and medical clinics: Representative Payee Services; children, youth & family programs

Hours: Appointments are made at the front desk Mon- Fri at 8:00 am and 1:00 pm for same day appointments; Closed each day 12:00 pm – 1:00 pm
Application Process: Appointments for assistance are made in person on a first come basis
Website: www.thestewpot.org
THE TURN•AROUND AGENDA (TTA)

Outreach Center: 7125 S Polk Street Ste 1 Dallas, TX 75232  
T. 972-228-0872  
F. 972-228-1110

Family Services: 7140 Library Lane Dallas, TX 75232  
T. 469-567-1793  
F. 972-224-0090

Services Offered: Must be enrolled in program to receive food; clothes; rent and utilities (electric, gas, water) assistance; Housing referral and Transitional Housing; Pregnancy Test, Sonograms, STD/STI Screening Treatment, HIV screening, Medical/Parenting/Budgeting/Life Skill Classes (men, women, couples); job assistance, counseling; ESL/Adult Literacy/Microsoft Certification/Computer classes; GED prep and testing, authorized Certiport Center offering certifications in Microsoft®, Adobe®, Internet and Computing Core Certification® (IC3), Intuit QuickBooks and CompTia Strata. Approved testing site for Pearson VUE, School based mentoring and programs in Dallas (Carter & Kimball), Duncanville, Lancaster school clusters, Athletic and summer program - Basketball League, and Summer Program, and Volunteer Intern Program (VIP)

Hours: Outreach Center: Mon-Fri 8:30 am – 5:00 pm

Eligibility Requirements: Most programs are not zip code specific, but have different criteria (call or go online for specific details)
Financial Assistance is limited to parents of kids in our partnering schools
Food pantry limited to 75134, 75216, 75224, 75232, 75241
Our pregnancy services, Resale store, Technology and Career Services are open to the public.

Clients Must Bring: Picture ID and SS cards for all in household; BCs for children not born in US; proof of address; proof of income; phone number of employer; receipts of recent expenses; utility bills; late notice from landlord

Application Process: Walk-in and Appointments

Limits:
- Limits vary based on the service. Please call or visit our website
- Clients may receive food 3 times in a three-month period and recertify to extend
- Clients may receive clothing once in a 12-month period
- Clients may receive financial assistance once in a 12-month period

Website: http://www.turnaroundagenda.org

TURTLE CRFEK RECOVERY CENTER

2707 Routh St., Dallas, TX 75201  
T: 214.871.2483

Services: serving both men and women who have co-occurring disorders of severe mental illness and alcohol or drug addiction.

Eligibility: 18-65 years-of age with mental and/or substance abuse disorders. Call for appointment.

Hours: Mon-Fri 8:00 am-2:00 pm

Website: tcrerecovery.org

Email: hope@tcrecovery.org

UNION GOSPEL MISSION (Men)

3211 Irving Blvd., Dallas, TX 75247  
T. 214.637.6117  
F. 214.634.8340
Services Offered: Shelter for homeless men which provides food; clothes; medical care; discipleship/rehabilitation; education and computer training; GED preparation; work experience; Bible studies; chapel services; transitional housing

Hours: Shelter: 24/7; Intake at the Bridge 1818 Corsicana: Mon-Sun 3:00-5:00 pm;

Eligibility Requirements: Homeless men

Clients Must Bring: SS card or some form of picture ID

Application Process: Clients should walk-in to intake office at 1818 Corsicana (The Bridge)

Website: www.ugmdallas.org

UNION GOSPEL MISSION CENTER OF HOPE (Women)
4815 Cass St., Dallas, TX 75235

Services Offered: Shelter for homeless women and their children providing food, clothes, access to primary medical care and tuberculosis screening; chapel services; Bible study; Discipleship Program, includes: parenting skills, job skills, Christian living, literacy and GED training, computer education, academic training, counseling, mentoring; Child Development Center

Hours: Mon – Fri 10:00 am – 12:00 pm, 2:00 pm

Eligibility Requirements: Homeless women or homeless women and their children

Clients Must Bring: All individuals must have a valid, government-issued photo ID; women bringing children must have a birth certificate for each child.

Application Process: Walk-in

Language Options: Currently do not have Spanish speakers available

Limits: Clients may stay in the shelter for a maximum of 90 days; no one under the influence of drugs and/or alcohol; no women who have been involved with domestic violence; individuals must bring prescribed medication for mental health that they have been taking for at least two weeks consecutively; no boys over the age of 14.

Website: www.ugmdallas.org

URBAN INTER-TRIBAL CENTER OF TEXAS
1283 Record Crossing Rd., Dallas, TX 75235

Services Offered: Job counseling services; medical clinic; dental clinic; mental health and substance abuse counselor

Hours: Medical Clinic: Mon - Thu 8:00 am – 5:00 pm; Fri 8:00 am – 12:00 pm; Dental Clinic: Mon, Tues, Thurs 8:00 am – 5:00 pm; Mental Health counselor—appointments only

Eligibility Requirements: Clients must be Native American and must provide a Certificate of Degree of Indian Blood to receive assistance

Clients Must Bring: Picture ID for self; SS cards for all members of household

Application Process: Same-day appointments

Website: www.uitct.org

VICTORY MEADOW NEIGHBORHOOD ALLIANCE FOOD PANTRY
8448 Walnut Hill Ln., Dallas, TX 75231
**Services Offered:** Food; clothes

**Hours:** Wed: 1:00-4:00pm, Thu: 9:00am-12:00pm, Sat: 9:00am-12:00pm

**Eligibility Requirements:** Must live in 75231 or 75243

**Clients Must Bring:** Picture ID for self and ID for everyone in household (can be birth certificate); proof of income; proof of residency

**Application Process:** Walk-in

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**VOICE OF HOPE**

4120 Gentry Dr., Dallas, TX 75212

T. 214.631.7027
F. 214.631.7877

**Services Offered:** Food; clothes; after school program; summer children’s program; senior Bible study

Thursday mornings with lunch provided

**Hours:** Mon-Fri 9:00 am-6:00 pm.

**Eligibility Requirements:** 75212

**Application Process:** Appointments only. No walk-ins.

**Website:** www.voiceofhope.org

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**WHITE ROCK CENTER OF HOPE**

10021 Garland Rd., Suite A, Dallas, TX 75218

T. 214.324.8996
F. 214.328.2948

**Services Offered:** Food; clothes; rent and utilities assistance

**Hours:** Mon – Fri 9:00 am – 1:00 pm

**Eligibility Requirements:** 75214, 75218, 75223, 75228, 75238

**Clients Must Bring:** For food and clothing: Picture ID, proof of address, SS cards for self and all in household; For rental assistance: all the above plus apartment eviction notice

**Application Process:** Appointments required

**Website:** www.whiterockcenterofhope.org

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**WILKINSON CENTER**

3402 N. Buckner Blvd, Ste 302, Dallas, TX 75228

T: 214-821-6380
F: 214-827-1972

**Services Offered:** Food assistance; Rent/Utility Assistance; Adult Education services (career development, job search, ESL classes, GED classes, certification programs); Senior Program; Financial Coaching

Food Pantry: Mon, Wed, Thur 9:00 am - 12:00 pm, Tue 1:00-4:00 pm

**Eligibility Requirements:** zip codes 75204, 75206, 75214, 75217, 75223, 75226, 75227, 75228 & 75246 for Food Pantry; must live in Dallas County for Adult Education services

**Clients Must Bring:** Head of household needs picture ID and proof of address

**Application Process:** Walk-in for Food Pantry; Adult Education can apply online at www.wilkinsoncenter.org/adult-education/enroll/

**Limits:** Clients may receive food once a month; rent/utility assistance available annually

**Information:** info@wilkinsoncenter.org

**Website:** www.wilkinsoncenter.org